There is vibration.

What is sound? If you feed any sound into an oscilloscope—a sound-measuring instrument—depending upon the frequency, amplitude, and other dimensions of sound, a form is created. That means every sound has a form. Similarly, every form has a sound. Modern science is proving that the whole existence is just a vibration of energy. About 70 years ago, modern science believed in matter, but not any more. When scientific renaissance started happening, scientists started believing that if one can master over matter, he can do anything. So people like Friedrich Nietzsche declared that we are beginning to have mastery over matter, hence we can do anything. If we want, we can create a creation itself, and he declared God is dead. That was his famous statement. But 70 years later, science took a full circle and now science itself denies matter. According to science, there is no such thing as matter and it is just a make-believe thing. It is a relative existence. The reality is just energy vibrating in different ways. The whole existence is just a vibration. The theory of relativity, quantum theory, and other recent theories, prove that existence is just a vibration.

Worldly music

Where there is vibration, there is bound to be a sound. In yoga, we say, the whole existence is just a sound. We call this nátha brahma, which means the whole creation and the creator are just sounds.

If everything is sound, why don’t we hear? This question will naturally come up. You cannot hear it simply because your hearing range is limited and that is good.

Seven musical notes

If you move into the yogic state like náthamuru pragya and look at any form, the sound attached to it becomes clear to you. In such a state, the whole existence is just sound. All musical notes come from the way the human body is constructed with seven basic components. The root sounds for these seven basic components are the seven musical notes accepted universally.

People, who evolved music might not have experienced this. But if you experiment with music, everything falls within the parameters of these seven notes because the very construction of the body is within the seven dimensions of creation, which is being represented as chakras. Chakras does not mean it is something by itself—it is just a meeting point of the energy systems. These junction points are like traffic junctions, and are seven in number. If one becomes utterly silent within oneself, then the body can be experienced as sound. It is in that state that these seven notes have evolved. In yoga, as we say the whole existence is a complex amalgamation of sound, music and spirituality are, therefore very much related.