

# NATURE AWARENESS PROGRAM

## • REGISTRATION FORM •

Include  
passport size  
photo here

Applicants name:

Date of birth:

Age:

Gender:

Parents name - Father:

Mother:

Residential Address - Door # & Street:

City:

State:

Pin:

Contact Phone Number - Home:

Mobile:

Contact Email:

Previous Isha yoga program attended – Name:

Month:

Year:

Center:

Arrival at Isha Yoga Center

Date:

Time:

Departure from Isha Yoga Center

Date:

Time:

Program Date (circle one)

• May 13 – May 17

• May 18 – May 22

Program Donation per participant: **Rs.7500**

Donations to Isha Foundation are exempt from Income Tax under Section 80 (G) of the Income Tax Act

Enclosed is a cheque /DD Numbered:

Date:

Drawn in favour of **Isha Foundation** for amount of **Seven Thousand Five hundred Rupees**

Bank Name:

Please circle how you would prefer to receive your confirmation letter: • Email • Postal mail

By signing below, you accept the **Terms and Conditions (on page 2)**

Applicant:

Parent:

Signature:

Signature:

Date:

Date:

**Please mail your completed registration form along with your Cheque/DD to:**

## **V.S.Raghavan**

203, Behind Radha Rani Theatre  
Kothari Nagar, Singanallur,  
Coimbatore – 641 005

**Phone:** 98944 18089

**Email:** [natureawareness@ishafoundation.org](mailto:natureawareness@ishafoundation.org)

**\*\*Please note registrations will be accepted at this mailing address on a first-come, first-served basis. No registrations / payments will be accepted by local coordinators in other cities.**

### **REGISTRATION INFORMATION & TERMS AND CONDITIONS** - *Please read carefully*

1. Please ensure that the Application form is correctly filled and duly signed.
2. Acceptance of registrations is at the discretion of Isha Foundation. Your application for enrolment for the Nature awareness program is NOT a confirmation of your registration.
3. A confirmation letter by email (if you have nominated one) or post will be sent to you once your application has been approved and payment processed. Please allow up to 10 days on receipt of your application by us.
4. Please make final travel plans only AFTER you have received this confirmation. Incomplete forms and incorrect payments will be rejected.
5. Once a confirmation letter is issued your donation is non-refundable under all circumstances.
6. Registrations are first-come, first-served basis since demand for this program is high and accommodation limited.

### **PROGRAM INFORMATION**

1. Participants are advised to walk 2-3 kms every day to prepare for nature treks.
2. Please ensure that the participants report at the Yoga Center by 4:00pm on the first day of the program.
3. The program schedule does not permit communication with the participants.
4. The participants will be under the care of experienced instructors and dedicated volunteers who will provide the best of care. Any information about the participants can be obtained by contacting the Office at the Yoga Center (Tel: 0422-2515300)
5. Parents are requested not to send snacks, video games, walkmans, jewelry, valuables, etc. with the participants.
6. Those parents and guests who are traveling with the participants will not be able to stay with them during the program.
7. The program closes at 5.00 pm on the last day. Please plan your departure arrangements accordingly.
8. If you wish to extend your stay separate bookings will have to be made with Cottage Reception at (0422) 251 5471.

## WHAT TO BRING

1. Small notebook and pen.
2. Backpack and water bottle.
3. Light trekking/walking shoes.
4. Flashlight, toiletries. (Regular medicines, if any).
5. Blanket / thick bed sheet.
6. Camera / binoculars, (optional).
7. Dull, natural colored clothes for four days (avoid white, red, orange and bright colors). For boys, track pants or trousers and T-shirts. It's better to avoid shorts. For girls salwars, pant and T-shirt, please avoid skirts.

## For Registration Enquiries Contact the Registration Coordinator:

Tel: 98944 18089

Email: [natureawareness@ishafoundation.org](mailto:natureawareness@ishafoundation.org)

## For General Program related enquiries

*(excluding registration, confirmation or payment) please contact your local coordinator:*

**Chennai:** Isha Yoga Center

Phone: 044 24333185

Email: [chennai@ishafoundation.org](mailto:chennai@ishafoundation.org)

**Mumbai:** Sujatha Narayan

Phone: 9820336823

Email: [mumbai@ishafoundation.org](mailto:mumbai@ishafoundation.org)

**Hyderabad:** Chidambar Rao

Phone: 9849433753

Email: [hyderabad@ishafoundation.org](mailto:hyderabad@ishafoundation.org)

**New Delhi:** Raajika

Phone: 9810409220

Email: [delhi@ishafoundation.org](mailto:delhi@ishafoundation.org)