WHITE MOUNTAIN

Times Music, Rs.65 (Cassette price)

This album, under the “Sounds of Isha” series from Sadhguru Jaggi Vasudev’s Isha Foundation, has soothing tracks.

However, not one of the instrumentalists is named, nor is the composer.

This is presumably because the musicians are referred to in the album notes as “Sadhguru’s home grown ‘musicians’.” Quite a kitchen garden!

The first track, titled “Neem and Turmeric” is a winning combination of flute and keyboards with gentle rhythms.

Reminiscent of the raga Hamsadhwani, the tune flows melodiously. The second is slightly jazzy, with greater use of strings in dialogue with the flute.

The track “Dhanikhandi” is based on tribal music, giving the typical mountain touch, with flute, voices and water sounds.

S3 goes back to electronic rhythms, with peppy flute and veena strings set against a persistent rhythm.

“Hunter” sounds a lot like the Carnatic raga Kanada. All in all, the music here makes a pleasant backdrop, anytime, anywhere.