Only if you change will the world change: seer

Times News Network

Coimbatore: Despite the UN Declaration that September 21 should be observed as a day of global ceasefire, guns still boom at Ramallah. The US, powered by a new aggressive military strategy, is training its guns at Iraq. In India, as Kashmir continue to bleed, Cauvery river is getting polluted by the deafening noise that politicians make.

However, 60 km away from Coimbatore at the foothills of Vellingiri, many peace-yearning hearts from across the country and world assembled at the renowned Dhyanalinga Multi-Religious Temple identifying themselves as Universal Citizens.

The annual Isha Fest celebrations began on Saturday, coinciding with the International Day of Peace — a day of global ceasefire and non-violence — as per the resolution adopted by the UN General Assembly last year.

The International Day of Peace here was initiated by the founder and spiritual head of Isha Foundation, Sadhguru Jaggi Vasudev. One of the most profound mystics of modern times, Jaggi Vasudev neither addresses nor condemns any belief or faith.

“To be peaceful within and without is most fundamental to our lives. To be peaceful is not a great achievement but the most basic need in every human being”, he says.

The Dhyanalinga Multi-religious Meditation Centre dedicated by him as an offering to the world in 1999 is the highest possible manifestation of primordial, formless, divine energy. Measuring 13’ 9”, it is the world’s largest mercury-based ‘live linga.’

But, can peace be achieved, when people constantly fight?

“Unless there’s individual transformation, there’ll be no universal transformation. When you don’t know how to keep your body, mind, emotions and energy peaceful where’s the question of world peace?” he asks and reminds you: till you drink from the fragrance of your being and know the bliss of living, peace you will seek only in vain.

Jaggi Vasudev seems to have influenced those curious fence-sitters too.

Says 38-year-old Periya-swamy hailing from Karur: “I’d heard about him. But, I saw him only today. Now I’m going back with a resolution to change myself.”

The 52-year-old French psycho-therapist, Frederica Gruyer says: Sadhguru’s Hata Yoga can effectively deal with manic depression. I’ve experienced it. It helps you slow down, attain peace.”

The International Day of Peace has coincided with the Foundation’s annual festivities.

It concludes with a world peace concert by renowned classical vocalist, P Unnikrishnan.