

The Sixties Revolution Doc

It's been called 'a sloppy wet kiss to Michael Caine and British youth culture of the 1960s', and been widely appreciated for its archival and nostalgic value. Last week, we had the pleasure of watching 'My Generation', the docu-ode to the 60s, creating a buzz, in company of one of its writer-producers Ian La Frenais, on his visit to the city. The co-writer of such cult British series as *Likely Lads* and HBO's Emmy-winning show *Tracey Takes On*, along with his artist-wife Doris Vartan, live in LA, at the epicentre of its creative Hollywood-Rock-and-Roll heart, but they lead transcontinental lives and their spiritual journey has led them to Sadhguru Jaggi Vasudev and his Isha ashram. *My Generation* is

narrated by Michael Caine, one of the best

examples of working class culture made good, and contains drool-worthy footage of stars of that era — Twiggy, Marianne Faithfull, Paul McCartney, David Bailey, Penelope Tree and Mary Quant. It's a paean to a time when Britain's youth explosion coupled with its class uprising resulted in that happy burst of creativity, psychedelia, pop art and rock music that were the 60s. LA Frenais is also co-writer of *Across the Universe*, the 2007 musical wittily centered around 34 compositions, originally written by The Beatles, a personal favourite of ours. "Did you know The Beatles enjoyed unprecedented burst of creativity in India and wrote over a dozen songs at the Rishikesh ashram?" he had said. We are not surprised. It probably was the ashram air. Perhaps, that's why the couple too spend so much time in India.

Ian La Frenais (extreme left) with Ringo Starr (centre) and his wife.

Doris (second from right) and Jaggi Vasudev (second from left)

