Managing Relationships

SADHGURU JAGGI VASUDEV

When you live in this world, there are various types of complex interactions happening. As your field of play increases, the complexity of interaction also goes on increasing. If you’re just sitting in a cubicle with only one other person, you need only a little understanding. But if you’re managing a thousand people, you need a vast understanding of everybody. If you want all these people to understand you, then you’re not going to manage anything. You need to understand the limitations and the capabilities of these thousand people and do what you can only then will you have the power to move the situation the way you want it to go.

The closer the relationship, the more effort you should make to understand them. If you’re expecting the other to understand and comply with you all the time while you don’t understand the limitations, the possibilities, the needs and the capabilities of that person, then conflict is all that will happen. Unfortunately, the closest relationships in the world have more conflict going on than there is between India and Pakistan. India and Pakistan have fought only three wars. In your relationships you have fought many more, because your line of understanding and theirs is different. If you cross this line of control, they will get mad and vice versa. If you move your understanding beyond theirs, their understanding also becomes a part of your understanding. You will be able to embrace their limitations and capabilities.