Isha Awards Flood Relief Volunteers

Chennai: “Humanity shouldn’t blossom only when disaster happens, it should be there with us all the time,” said Sadhguru, founder of Isha Foundation, on Thursday.

Addressing flood relief volunteers of Chennai, Cuddalore and Cuddalore here, he said, “During this time of distress the city come together as one. But this spirit should not vanish, it must be there all the time. Just pass a smile to those you find around, and trust me this is enough to heal all pain. We must be positive, we must be giving, always.”

As a token of appreciation, Isha Foundation presented mementos to volunteers and organisations who played a crucial role in relief work. Sam Paul from Paul Sons, Chennaida organisation, Balaji and Kannan from Chennai Macro, Ringu from Chennai Volunteers Organisation, Dr. Vijaya Sarathy from Sundaram Medicals and actor R Parthiepan from Mana Kalimbu were honoured.

The foundation had held medical camps and distributed food items and essentials for the past two weeks. More than 1,98,000 people have received medical assistance and over 1,50,000 people were given relief materials. The medical camps would continue for the next one month, said an Isha volunteer. Actress Suhasini Maniratnam, SA Chandrasekar, Shoba Chandrasekar and Badava Gopi were among those who attended the function.