Jaggi Vasudev delivers Centenary Lecture

Mysuru, July 24 (US&RKB)- "The power to change is within us, we only have to tap into that power and this inner engineering can help persons improve their life," opined Jaggi Vasudev, Founder, Isha Foundation.

He was delivering a lecture on 'Inner engineering — A home coming' as part of the Centenary Celebrations organised by University of Mysore at the Amphitheatre in Manasagangotri.

Jaggi Vasudev, addressing the packed-theatre, fondly recalled his early days in Mysuru when he used to ride his motorcycle on the steps of the Open Air Theatre where he gave lecture this morning.

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Speaking on the benefits of yoga, Jaggi Vasudev said that yoga could trigger a lot of changes in one's life which will have positive impact.

Later, speaking on environment protection and the importance of afforestation programmes, Jaggi Vasudev gave the example of how Isha Foundation by planting over 7 million saplings in Tamil Nadu had brought about radical change in ground water conservation.

Referring to the education scenario, Jaggi Vasudev sought a sea change to make education more meaningful and beneficial to students.

Later Sir C.V. Raman Golden Jubilee Award was presented to N.B. Ramachandra, Kumarpu Golden Jubilee Award to Dr. S.D. Shashikala, Sarvapalli Radhakrishnan Golden Jubilee Award to Yogaraj and T. Chowdaiah Golden Jubilee Award to Sridhar.

Yaduveer Krishnadatta Chamaraja Wadiyar and his wife Trishikha Kumari Wadiyar were among the audience. VC Prof. K.S. Rangappa praised over the function. Registrar C. Basavaraj, Centenary Celebrations Secretary H. Rajashekar and others were present.