ISHA FOUNDATION PLANS MASSIVE YOGA CAMPS ACROSS TN

Tiruchy: The Isha foundation plans to organise free ‘yoga’ coaching camps to about 10 lakh people across Tamil Nadu including 30,000 persons in Tiruchy, Thanjavur, Tiruvavur and Nagapattinam districts from June 1 to 21, to mark the International Yoga Day, which falls on June 21 as declared by the United Nations.

The Isha foundation’s east zone coordinator, Susaraba told newsmen here on saturday that yoga experts of their foundation will visit educational institutions, industrial houses, government and private sector offices to provide free ‘yoga’ training, he added.