YMCA ground saw biggest yoga event in state on International Day of Yoga

DC CORRESPONDENT
CHENNAI, JUNE 21

Asserting that Prime Minister Narendra Modi wants to make yoga a people's movement as this will help humanity, Union urban development minister M. Venkaiah Naidu on Sunday said yoga is nothing but a discipline of body and mind together. And it is this integration that is the need of the hour, he said.

The senior BJP leader said yoga was a global health programme for all ages.

"The Prime Minister of India wants to make yoga a people's movement because it is going to help humanity... Yoga is nothing but a discipline of body and mind together. And it is this integration that is the need of the hour," he said.

He was speaking after taking part in a mega yoga programme organised by the Isha Yoga Foundation to mark the first International Day of Yoga here.

Participating in yoga was a great experience for him.

"It is a great experience and I was so much impressed by the thousands of people — Chennaiites for coming here early in the morning and joining this yoga practice. This makes me immensely happy," Mr Naidu told reporters later.

On December 11, 2014 the UN approved the proposal to celebrate June 21 as International Day of Yoga.

Brahmakumaris said it was an occasion to share positive thoughts and good wishes by availing of the opportunity of collective and mass meditation for universal harmony and peace.
A flash mob performs yoga at Fun Mall to the tune of a Tamil song in Coimbatore on Sunday.

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India has integrated world through yoga: BJP

Grand show at Tiruchy

R. VALAYAPATHY | DC
TIRUCHY, JUNE 21

The Bhartiya Janata party (BJP) on Sunday took pride in the fact that India has taken the credit in integrating the world through yoga, by celebrating the 'International Yoga Day'.

The BJP's state vice president Er. M. Subramaniam assertively made clear India's contribution in this regard, while inaugurating the NCC's participation in the yoga day celebrations here.

Mr Subramaniam, who is also chairman of the Oxford engineering college, said that about 200 countries across the world have today joined in the celebrations following the UN, at India's persuasion, declaring June 21 as 'International Yoga Day'.

Mr Subramaniam hailed the efforts of officer-commanding 2(TN) Armoured squadron, NCC Lt Col P Kumar and his team of NCC officers for organising such a grand show of yoga drill in which about 1500 NCC students participated.

In his address, Lt Col Kumar recalled Prime Minister Narendra Modi's address to the NCC cadets at a rally in New Delhi, on January 28, calling upon the NCC cadets to participate in the world record attempt on the 'International Yoga Day'. By this display of vibrant and unparalleled discipline, unity and harmony, "the NCC cadets have once again demonstrated that they are in the forefront runners of nation building," Lt Col Kumar added.

In a separate event, jointly organised by the CII-YI Tiruchy chapter and Isha foundation, around 400 participants including students of National College, Members from CII-YI and their families along with others, practiced 'surya namaskar' and 'Nadisuthi' at the session.

More than 1000 members of the public and police personnel took part in the yoga demonstration organised by the South Kailash Universal peace sanctuary, Thirumooorthi hills, (SKUPC) at the TN special police battalion grounds here. The Postal department released a special commemorative stamp, at the head post office. The day was also celebrated in the neighbouring districts.