Travelling from China to Kovai to learn yoga

DC CORRESPONDENT
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About 320 Chinese nationals have come all the way to Coimbatore to learn yoga at Isha Yoga Centre. They are taking part in the inner engineering retreat camp. The Chinese nationals accompanied by 40 other Chinese who have come specially to volunteer at the program. There are participants from Malaysia and Singapore too.

Nilani, a radio anchor with Chinese National Radio in the Tamil section is also a part of the programme. Her fluency in Tamil has had people of Tamil Nadu delighted, and she also writes flawless classical Tamil.

After the programme, 45 participants have chosen to extend their visit and are to visit the temples in South India. Their itinerary includes Trichy, Thanjavur and Thiruvananthapuram before they leave to China on July 24.

Interestingly, this visit is the result of word-of-mouth communication since Google, WhatsApp and Youtube are banned in China.

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The contingent is varied and it includes doctors, teachers and even yoga teachers who have their own studios in China, and the ages range between 15 and 65 years.