Sadhguru Jaggi Vasudev of Isha Yoga Foundation has congratulated Prime Minister Narendra Modi for getting the United Nations to declare June 21 to be observed as World Yoga Day.

Prime Minister Modi had urged the world community to celebrate Indian yoga at the international level in his speech at the United Nations General Assembly in September.

Reacting to the International Yoga Day announcement, the Sadhguru said in a statement here that yoga is the "exploration of the very mechanics of life".

"Yoga predates all religion and opens the possibility of raising a human being beyond limitations set by nature. Making the science of yoga available in the purest form is the responsibility of this generation," said the Sadhguru, adding that this science of inner development, well-being and liberation "is the greatest gift for future generations".