Younger generation enjoying all facilities: Jaggi Vasudev

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YOGI Sadhguru Jaggi Vasudev of Isha Foundation who was in city on Wednesday delivered a lecture on technology and healthy life.

The event was organised by JSS Mahavidyapeetha on account of its fourth Golden Jubilee Endowment lecture program.

Quoting that today's generation are enjoying all type of facilities, Jaggi Vasudevan added that today, people belonging to various caste and creed are following yoga which is a good sign. He added that expectations is endless in every human life and called upon the public to develop harmony and compassion. He advised the public not to think more in taking decisions and not to think of which is not up to the hand.

He added body, intelligence, emotion and energy are should be under control for a human being. Further explaining about his insightful views on economic development, environment and education he requested the public not to have endless expectations.