The Nature of Consecrated Spaces

SPIRITUALITY | SADHGURU JAGGI VASDEVI

If you walk into a pristine forest where human beings have hardly treaded, if you just go in, close your eyes and sit, it feels like you are sitting in a temple. You can actually feel this. There is a phenomenal amount of energy which is supporting you, because the whole life process—from a microbe to a worm, an insect, an animal, a tree, a plant... every one of them is with this intention—they want to be something more than what they are right now.

That intention creates a kind of consecration of its own, it creates a certain sacredness of its own. I think the beginning of human realisation happened in this way. People walked in some space and sat there and they suddenly realised that everything is longing to grow beyond its limitations. Then suddenly it occurred to them, "What am I doing, going against this?" So if you allow the planet to be just the way it was, and if you simply sit here or sleep, you will find the whole place will become like a consecrated space.

The effort to create consecrated forms or spaces such as temples, is because human societies create such a cacophony of intentions. A husband's intention and a wife's intention in the same house are different. Both of them are partners and there may be one intention which is shared, but all the other intentions are different, creating a cacophony. Because of this, there is no appropriate space for one to feel the longing. A consecrated space is essentially a cultured situation that brings forth the natural longing of life.

As you get more exposed to this, and you are there completely in the womb of nature, the way you feel things is very, very different from the way you understand it in a movie or in pictures. This is the reason why yogis always withdrew into forests and mountain caves. Because just sitting there, the intention of nature is crystal clear to you. This is not your idea of becoming enlightened—that's just a word. If you have your own intention and ideas about enlightenment, you will take an eternity. The main thing is to grow beyond all limitations which are restricting you right now. That intention is being expressed by every grain of sand there, don't miss it. If you become without intention, you will feel the intention of existence. When you become one with that, you travel much more easily in that direction.

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