Many facets of the Guru cool

Refer to ‘You, Me and the 4.2 litre Engine Guru’, 6 August, by Gaurav Jain

I am the surgeon you mentioned in the article. I recognised it because you spoke about some events in the programme. Your article is very interesting and unbiased and encouraging for others to try out Isha Foundation.

VC REDDY, ON EMAIL

I have been into Isha meditation for the past 10 years. Your article covered all questions that a common man would ask about a guru. Now, they can understand that a guru can be modern like this.

SATISH, ON EMAIL

Fascinating account of Sadhguru. My wife and I have been involved with Sadhguru in Mumbai for over seven years now. Some time ago, I authored a book on him called Joy 24x7. Your write-up was a thrilling account of s.j.r. Peppered with scepticism, albeit with a certain reverence, the vivid descriptions of the “non-guru” aspects of Sadhguru were thoroughly enjoyable. It was insightfully written for those sitting on the fence about him.

JEETENDRA JAIN, ON EMAIL

I practise Isha Yoga from time to time. It has sorted out a medical issue of mine. A friend went off insulin three months after Inner Engineering and another who was hypertensive has been off BP medicines for about five years now. I know empirically that the Pranayama of Shyambhavi works at a physical level. But it’s interesting to find that it is not so for all.

SONA JAIN, ON FACEBOOK

The distance between Bengaluru and Coimbatore is mentioned as 850km and Sadhguru covered it in four hours, averaging 210km/hr. How could Gaurav Jain make this mistake? The distance is 350km or perhaps less!

ANUPAMA, ON EMAIL

CORRECTION

The distance and speed were indeed miscalculated. The error is regretted.