Jaggi Vasudev’s books released

BANGALORE: Sadhguru Jaggi Vasudev launched six books authored by him in Kannada on Thursday. The books were released by Sudha Murthy, Chairperson of the Infosys Foundation.

Murthy talked about how people’s lives would change if philosophy reached them in simple words.

TV personality Deepak Thimmayya engaged the ‘guru’ in an interactive talk to the delight of the audience and his followers alike.

The ‘Guru’ answered various questions with great zest ranging from spirituality to his ‘Inner Engineering Programme’.

“Inner Engineering is based on the fact that life is not happening the way one expects it to happen. This is because most humans have not realised who they are,” said Vasudev.

DH News Service