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Bring sense into your life

SOUL FULL

Sadhguru

If you make a list of all the things that you consider sin and what is considered as sin in let's say, the five major religions of the world, then you will understand, to be alive is a sin. Isn't it?

So, if you don't feel guilty about something you will not go to the temple or church or mosque? Fear and guilt have been two tools with which religion has been running for a long time. If there is no fear in people, there is no guilt in people, very few would go these places. Most of the people are going only because there is fear, guilt and greed. These are the three forces which are driving you. Look at the prayers, 'Dear God, give me this, give me that, save me, protect me.' What is this? Greed, guilt and fear, isn't it?

They have made the fundamental processes of life as sin, so that you will always feel guilty. So, you must be going to the temple or church or mosque and pay the necessary money and respects and works and everything, this is how the whole damn thing has been running. Isn't it so?

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Every action we perform whether physical, mental or emotional has a consequnce to it

What I am telling you is — do whatever you want, but please understand for every action that you perform there is a consequence. If you can bear the consequence joyfully, do whatever you please. If you are the kind who will cry when the consequence comes, right now, you need to calibrate your actions. If you are the kind, no matter what happens to you; if you are going to be hanged tomorrow, you will still go blissfully; do whatever you want. What is the problem?

Every single action: whether physical, mental, emotional or the energy action, whatever you perform, has a consequence to it. Are you ready for the consequence? Being a human being, you must have that much fore-thought, isn't it?

There is no sin. So does it mean everything is *punniya*? No. No *papam*, no *punniyam*. It's all made up by people to keep you under check and control. Your sense is the best control, not guilt. I believe human intelligence is able to control itself. There is no need for some other God to control all of you. If you allow your intelligence to function it will control you, isn't it? It will bring sense to your life.