Meet for persons with HIV/ AIDS held

Staff Reporter

Tirupur: Isha Foundation's Isha Community Care Centre conducted a support group meet for people living with HIV/AIDS and their family members at Palladam near here on Sunday.

Isha Foundation sources said that the event was organised to break the mental barriers faced by people living with HIV/AIDS and help them lead a joyful life.

The programme was sponsored by the Rotary Club of Palladam, the Lions Club of Palladam, and the Rotary Club of Palladam Rainbow.

The meet provided a common platform for the people with HIV/AIDS to share their personal grievances.

About 500 people benefitted from it.

They were introduced to yoga to reduce stress and enhance physical wellbeing.

Health experts and people from different walks of the society interacted with the participants.

Isha Foundation sources said that the Isha's Mobile Health Clinics refer the patients exhibiting HIV-related symptoms to the nearest Integrated Counselling and Testing Centres under a programme initiated by the Foundation for the care of people with HIV/AIDS.

Community care centre

Sources added the Community Care Centre of the Isha Foundation functioning at Palladam had been providing free ambulance services to transport patients for laboratory investigations.

The Centre was established as a collaborative venture involving Action for Rural Rejuvenation and Tamil Nadu AIDS Control Society.