

Spirituality is extraordinary Greed

– Sadhguru

Suppose you give up your ambition for money and take on an ambition for God. That means earlier you desired a piece of creation, now you start desiring the Creator himself! Has your ambition come down? No, it's grown to an extraordinary greed! The point always is this: as a human being, wherever you are, you want to be a little more than what you are. When that happens; then a little more, then a little more. . . So fundamentally what you are seeking is expansion, whatever your currency may be. For one person it may be money, for another person it might be knowledge, or love, or pleasure or whatever. Everyone is

constantly seeking expansion through the currency that he knows best. So if expansion is what you are seeking, how much expansion do you think you will settle for? Generally, it will be boundless expansion. That means your goal is infinite. But you are seeking the infinite through the physical. Can the physical ever become infinite? The physical is finite, always within a finite boundary, it can never be infinite. It's like, you are riding a bullock cart but your destination is the moon and somebody says, 'Buy yourself a new whip!' If your destination is the moon, you need an appropriate vehicle. Isn't it? So through the physical if you are seeking

the infinite, there will only be frustration.

If there is an unfulfilled desire, you will be unhappy, and the very nature of desire you have, is such that you will always have one desire unfulfilled: "I want to give up desire" is also a desire, isn't it? So you are into a no-win situation.

There was a time when everybody thought a competitor means kill him, now they are saying let's collaborate. That means the mindset is changing. What I am saying is that the mindset is not just about the outside, but also the business of life. Life is inter-dependence; it is constant collaboration with everything

around you. So if you collaborate willingly, you will go through the process of life joyfully. If you collaborate unwillingly, you think life is being taken away from you. I don't intend to change the content of anybody's life; we just want to change the context of their life.

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Ojas

Meditation as a way of manufacturing what we call as ojas. When we eat food, digestion manufactures the body in a certain way. This is important for our physical existence, but the body by itself does not serve any purpose. The body can be a means of great suffering. The body is capable of pleasure also but its limitations will be unfulfilling over a period of time.

In meditation, we are using energy to manufacture something much subtler than the physical body. Now the process of shifting the life forces into a different level of manufacture, where instead of manufacturing physical body cells, it begins to manufacture subtler energies, which we call as ojas, is known as meditation.

The quality, the intensity and the volume of ojas makes the difference between one human being and another. Why one human being's presence seems to be so strong and transforming, and another's weak is simply because the ojas he carries with him. A meditator is someone who has set up an industry of ojas. Right now, it is quite limiting and frustrating not to allow people to go into higher states of energy and ojas simply because people don't have the necessary balance, preparedness, discipline or are still unable to understand the priorities they need to

allocate to different dimensions of their life. There are so many things that you can do to dissipate and to destroy the growth of ojas in you. Various types of mental activity can do that.

Certain types of physical activity, excessive sexuality, excessive indulgence in food, too much of stimulants and being in contaminated atmospheres can also do that. Spirituality means, going into processes that can enhance one's ojas and change the very fundamentals of their life; to take a person to a completely different experience, joy within himself and a blissfulness which is not only his, which will be everybody's around him.

Your meditation is not only about yourself. If twenty-five people in this hall become truly meditative, the whole town, without knowing why, will become peaceful. Without having any idea about what is happening to them, there will be a certain sense of settling. The deeper one goes into it, the more of a device he becomes for everybody's well being. It is not by blabbering good things that true peace and well being will come. Only when people carry the right kind of energy around them, only when their ojas is such that a hundred people can sit under their shadow, and experience it, only then well being will truly happen.

Quite a few people are experientially

open and definitely capable of generating higher possibilities of energy. But modern life has made people absolutely fickle. You're simply shifting all the time, from this to that, whether it comes to jobs, priorities, education or the relationships. In this shifting, your energy also becomes unstable.

If all we want to teach is a simple technique of meditation, or something for your health and well being, I can train people to do that in two to three weeks time, maybe four weeks. We can train teachers to go on imparting meditation, kriyas and whatever, little things that are necessary for one's physical well being and mental well being. Out of a thousand people who come, you may find a dozen people who are capable of higher possibilities. Only if one makes himself available to higher and higher possibilities, it's only then that grace can descend and do something that you yourself could never do. Only then this can become a very fulfilling process for an individual.

