Two-day Mystic Musings in Mysore

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THE Isha foundation has organised a two-day Mystic Musings, exploring the mystical with Sadhguru on Buddha Poornima, from 6.30 pm to 7.30 pm at Olive Gardens on May 7. Sadguru is one of the few yogis who is capable of transmitting the subtlest aspects of yoga enabling every person to become meditative. He has been actively supportive of efforts in empowering the business and commerce communities with methods and tools drawn from his inner understanding. He is widely sought after by prestigious global conferences such as the United Nations Millennium Peace Summit, the Australian Leadership Retreat and the Annual Meetings of the WEF. Sadguru is conducting a programme after a 25-year gap, at the foot of Chamundi hills. He started the Isha Yoga Centre, a powerful spiritual sthana at the foothills of Velliangiri Mountains, in 1994, which offers all the aspects of yoga - bhakthi, gnana, karma and kriya.

The two evening sessions will also include melodious and evocative live music by “The Sounds of Isha.” Hundreds of people from Mysore and several parts of the country are expected to participate. For more information call 98804 83842.