Yoga lessons for IPS probationers

Express News Service
Coimbatore, August 22

AFTER rigorous training at Hyderabad-based National Police Academy (NPA), it’s time for Yoga for 81 IPS probationers belonging to 2008 batch at Isha Yoga Centre at Velliangiri foothills on the city outskirts on Saturday.

These probationers have come to Tamil Nadu for a training session on Special Task Force for jungle survival in the forest areas of Sathyamangalam and Siruvani. On arrival to Isha Yoga Centre, they visited the Dhyanalinga Yogic Temple.

Later, they interacted with the Sadhguru on different aspects. And Sadhguru patiently answered their queries. Special Task Force (STF) IG C Sylendra Babu was instrumental in organising Yoga programme for the IPS probationers. The IPS probationers’ team was led by Jay, Kumaranathan, Asst Director, NPA. S V Karuppuswamy, SP, STF and R Thirunavukkarasu, ADSP, STF.