Satsang by Jaggi Vasudev to mark Buddha Poornima

A special satsang, Mystic's Musings—Exploring the mystical with Sadhguru Jaggi Vasudev, has been organised at Le Olive Garden, Mysore, on May 7 and May 8 between 6.30 pm and 7.30 pm as part of Buddha Poornima.

The programme will include discourses by Sadhguru, guided meditations and a live performance by Isha Foundation's music band—Sounds of Isha. The participants will have the opportunity to interact with the Sadhguru on various aspects of life that they want to understand deeper.

The highlight of the programme is that it is being conducted on the auspicious day of Buddha Poornima with Chamundi Hill, the sacred spot where the Sadhguru had a deep spiritual experience, as backdrop.

Buddha Poornima is a very significant day for any seeker anywhere in the world. It is on this day, 2500 years ago or so, Gautama attained his realisation.

The human energy system is closely connected with the movement of the moon. Many yogis have attained realization on the full moon days. Gautama too attained on a Poornima which is now celebrated as Buddha Poornima.

Gautama Buddha has been one of the most significant spiritual influence on the world today. Significantly, for the first time, he made spirituality available to the common people in the world, opening the flood gates for the masses.

Down through the ages, the subcontinent has been graced by mystic whose compassion and understanding of the beyond have been the deliverance to many spiritual seekers. Sadhguru, a Yogi and a Mystic with profound mastery over ancient science of Yoga, comes from such a lineage.

A contemporary Guru, who is rooted as strongly in mundane and pragmatic matters as he is in inner experience and wisdom, Sadhguru works tirelessly towards the physical, mental and spiritual well-being of all people.

Above all, Sadhguru is an embodiment of blissfulness which overwhelms all those around into nameless ecstasies, transporting them beyond limitations.

Born and brought up in Mysore, Sadhguru had a deep spiritual experience on the Chamundi Hill at the age of 25.

He developed Isha Yoga as a vehicle to transmit this experience to all. Over the last 25 years, millions of people across the world have been touched and transformed by this.

Participation in the satsang is by registration only.

Those interested may contact mobile: 98804 83842 or 94487 22388.