Is there Life after Death?

L e Olive Garden, the green hotel turned away from the Horse Park in Mysore area, has been the destination of many politicians, especially after the new addition, The Wind Flower, with many rooms and water bodies fashioned after a holiday resort on the periphery of the city a few years back. It has become the venue for even more secret meetings and may be for batching political conspiracies. It has been a favourite haunt of our present Chief Minister B.S. Yeddyurappa thus making it attractive for other political leaders as well. As a result, those who live in that area have to suffer the brunt of VIP movement with the roads blocked by the Traffic Police.

Now we have a Godman, Sadhghuru Jaggi Vasudev, targeting the same place for his spiritual activities. According to the invitation and press notes, the Sadhghuru will be "gracing" Mysore on the auspicious day of Buddha Poornima on Saturday, 9th May and the invitation urges the seekers to come and soak in the presence of this profound mystic of our times. Well, after seeking oneself what next?

Maybe for the answer you may have to present yourself before this mystic. One of the disciples of the Sadhghuru was kind enough to give me a book titled "Encounter the Enlightened" which is a conversation with the Master. One of the questions asked was about life after death. The answer was interesting, because it was not a direct answer, like saying, "Yes, there is life after death and these are the reasons. Or, there is no life after death and that is because there is no proof."

N or do we have a Lazarus of a person, a dead person coming back after burial? Life once again. Or coming back to life by being born and carrying either the same physical features or knowledge that you acquired in his past life."

Sadhghuru's answer for this question is as follows:

"Now, life after death. Most people don't know how to handle their life here. Do you see this in the world? Most people, ninety-nine per cent of people, don't know how to handle their life. These people, why are they pursuing life after death? What is the point? Fundamentally, all these things have come about because some people are seeking immortality. Millions of people in the world are seeking immortality, though most of them wouldn't even know what to do on a Sunday morning (laughs). Most of them, if they are given a break, if they are taken away from their routine and are left alone, they wouldn't know what the hell to do with themselves. These people are seeking immortality. The sixty or seventy years that they live here, they don't know how to handle. If they live forever, what a mess they will be! Do not worry about life after death. If such a situation arises within you that it opens up certain memories, if certain things happen for you, just leave it. It is okay.

Well, what have you understood? I have understood it this way. 'Do not worry about life after death. If certain things happen to you (dealing with memories of supposed past), just leave it. It is Ok. If you ask a question, it is Ok and if the question is answered, it is also Ok, no matter what the answer is. And finally if you have not understood it, it is your problem. After all, as the Sadhghuru had once remarked earlier in another instance that the question can never be wrong." Did you get it?

And finally, please remember: The one who knows the answer will not tell you. And the one who gives you does not know the answer.

Om Shanti, Shanti, Shanti hi..."