

# Become willing...

When can you become willing? Only when you have no will of your own, you become willing. When you have a will of your own you stand up like a stone, isn't it? It is just that this world, the people, your education, has always tried to teach you how to conquer. You can conquer stones, you can conquer patches of lands, may be you can conquer physical bodies. The physical, you can conquer to a certain extent. If you want to know the ultimate, the only way is to surrender; you cannot conquer. But in the logical mind surrender is disgraceful; surren-

der is one thing that I don't want to do, because in surrender you will end, so the whole need to conquer is coming from the fear of losing yourself. The very need to conquer something or somebody has come to you because there is a deep fear of losing yourself, losing yourself on many levels. To put it very simply, it is death.



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There is a fear; because you do not know how to handle that fear, you want to conquer people, you want to conquer more and more things, you want to acquire more and more and more because otherwise you feel inadequate. You feel so inadequate that somehow the way you're created is not enough, without all the things that you have gathered around yourself. Without it you are not enough, isn't it? You're insufficient. And you also say you believe in God. If he's the Creator and if he created such a lousy being who feels insufficient all the time, there is something wrong with him, isn't it? If God created you and you even say that he created you in his own image, and if his image is such a poor image which constantly feels insufficient and inadequate in life, poor God. It's not you who needs to be saved; it's him who needs to be saved!

This inadequacy has come, not because that's the way you're made. It is because you have identified yourself with little things. When you look at the vastness of the existence you feel so small and lost. When your whole identification fundamentally is rooted in this little bit of flesh that walks on this planet, then naturally you feel very, very inadequate. You have to prove yourself every moment. People around you have to praise you, have to tell you you're special, and constantly boost you all the time, otherwise you'll feel lost.

Now, to become willing means not to identify yourself with the limited, that's all it means. "How do I do that? That's all I know." It is to handle this

looking at the back of the device, the device will not function anymore. New devices have to be created, because the device itself is of no importance; how well it works is all that matters, isn't it? This is just like, I say, "Look at the flower," but you got stuck with my finger, because I used the finger to point at the flower.

So shifting your identification from one to another, another thing to another are tricky and dangerous sometimes. This may take a whole lifetime to release yourself from the next level of identity, unless there is a live guru around you who constantly keeps breaking you, breaking you, breaking you. And if by some fortune you don't run away, the process can be hastened. You don't like people who break you, you like people who boost you, isn't it? So if you don't happen to run away, and you allow yourself to be broken in different, different steps, the process can be hastened.

But if the whole game is such that he has to do the job with you very diplomatically, that he can't directly break you, he has to go around you, create a whole situation before he knocks you once on your head, then it takes a long time. He's patient because he's not in a hurry but you better be in a hurry. Don't try to become willing; just stop identifying yourself with what you consider as yourself.

"Then what else should I do?" You can't simply be, because your mind goes on identifying itself with anything and everything, so identify with that which breaks you, don't identify with that which boosts you.

Sadhguru Jaggi Vasudev is a realized master, yogi and mystic, who has founded Isha Foundation, an international public service organization that strives for ultimate human well-being. For world-wide program information, visit [www.ishafoundation.org](http://www.ishafoundation.org) Toronto local contact 416 300 3010 or email [Toronto@ishafoundation.org](mailto:Toronto@ishafoundation.org)