Our life and its many meanings

Whether it is spirits or ghosts, angels or demons, the devil or gods, man's interest in the Beings of the Beyond has been phenomenal. During childhood, fed with an overdose of mythology, where the sky is not the limit, many of us even believed we were one such being ourselves. Then came the science teachers who instilled 'seeing is believing', and the rationalists who goaded the masses to seek 'scientifically verifiable proof' and finally, the Relativity freaks who questioned the reality of not only the unseen, but even that which is seen and felt.

Today, we would like to believe these beings do not exist. We hear so many stories but never get the proof. The stories can be dismissed, but the feeling, the certainty that there must be more to what we perceive, lingers in us all our lives. Driven by an unquenched desire to communicate and relate to these Beings of the Beyond, often in desperate pursuit of solutions to nagging worldly situations, man has ended up more often in the gory and the ghastly than with any real clarity.

In a series of questions and answers, Sadhguru, perhaps for the first time in print, reveals the cause of their existence, what they can and cannot do, their sadhana and salvation.

Seeker: In an article in the Forest Flower, I have read that someone who was present at the Dhyana linga consecration experienced the presence of disembodied beings that were present during certain processes of consecration. This is beyond my logical understanding. Can you throw some light on this?

Sadhguru: Now, 'throw some light'... you must understand this. With your eyes, you can only see that which stops and reflects light. Right now, you can see my palm because it stops light. If it just allows all the light to pass through, you will not see my hand, isn't it? So throwing light on disembodied beings is a little difficult (laugh). The only reason you do not see them is because they don't stop light. Whatever I'm going to talk about now, don't believe it. At the same time, don't be a fool and disbelieve it either.

Life exists in many dimensions. I want you to keep just this much openness. Now, I'm going to speak so blatantly and logically that you will need to look beyond your normal levels of understanding. Wouldn't you like to explore all dimensions of life, no matter what they are? Once you are here, wouldn't you like to know every aspect of what your life is about? All beings, embodied or disembodied, are in many ways functioning or playing their lives out as per their karmic structures.

When you're embodied, there is more possibility of using your will. When you're disembodied, depending on one's level of awareness, depending upon what level of subtleness one has evolved into, accordingly the disembodied beings function just as karmic play. As their qualities are, accordingly they are drawn to different areas or different spaces. Whenever we create a certain energy space, then naturally these beings are just drawn towards it. It was not just during the Dhyana linga consecration. I should not be talking about these things, because I know there are people who have wild imaginations.

In many situations in my life, they have been around me, and they still are, especially where I live. They are very, very much there, because the shrine at the house is made in such a way that it just draws these kinds of beings. It's like an everyday thing for me. I have many of them just moving around, they never get in my way, so I don't mind.

Many of them who were in a certain state of evolution, in the last few years, I have just completely dissolved them. There are others who are not of that quality; they have to wait, but if I take it upon myself, I can draw many more of them, trap them and dissolve all of them completely. It is possible.