

# SPIRITUAL QUOTIENT

## One needs maturity to simply sit quietly

• **SADHGURU JAGGI VASUDEV**

**Q: To seek the Divine within, is it necessary to withdraw from worldly affairs/ Does it not imply running away from one's responsibilities? A:** It all depends on what it is that you are calling worldly affairs. What kind of worldly affairs you want to do is your choice.... Somebody is in politics, somebody is just a clerk in an office, somebody is running a whole industry and somebody is just sweeping the floors. All of them are doing worldly affairs. So you cannot really withdraw from worldly affairs.

It is only those people who do not know what they are doing with themselves and are just doing what everybody else is doing, who complain in this manner. Such people are always complaining about spiritual people. "Oh! These people are not being responsible. They are not doing worldly affairs, they are doing their own affairs." The man who is in his own house or in his office is also there just to do his own affairs. He is not interested in the well-being of the world. If somebody manages their lives the way they want, to the extent they want, these people who have made their lives unmanageable, enslaved and entangled to the situations around them, become jealous.

They will always complain. They will say these people are running away from the world. Right now, the way the world is going, if a lot of people continue doing too many things on this planet, this planet will not even last another 10 years. Probably only one in one thousand is spiritual. We want to make at least 50% of them spiritual in order to save the world.

People who are withdrawing from excessive activity are not causing any damage either to themselves, to the society, to the world, to the environment or to the planet. It is only people doing activity in absolute unawareness, not knowing what they are doing, simply imitating somebody, who are causing tremendous damage to this planet.

They are the people who are really threatening life on this planet. They are the people who are taking the whole of humanity toward global suicide. So right now, the most responsible thing you can do in the world is to withdraw from activity. Withdrawing from activity is not so simple. It takes tremendous maturity to simply sit quietly. It doesn't happen because you are lazy or irresponsible, it happens because you are aware and conscious.



# THE ECONOMIC TIMES

SATURDAY 3 SEPTEMBER 2005

## One needs maturity to simply sit quietly

**Q**: To seek the Divine within, is it necessary to withdraw from worldly affairs? Does it not imply running away from one's responsibilities?

**A**: It all depends on what it is that you are calling worldly affairs. What kind of worldly affairs you want to do is your choice.... Somebody is in politics, somebody is just a clerk in an office, somebody is running a whole industry and somebody is just sweeping the floors. All of them are doing worldly affairs. So you cannot really withdraw from worldly affairs.

It is only those people who do not know what they are doing with themselves and are just doing what everybody else is doing, who complain in this manner. Such people are always complaining about spiritual people. "Oh! These people are not being responsible. They are not doing worldly affairs, they are doing their own affairs." The man who is in his own house or in his office is also there just to do his own affairs. He is not interested in the well-being of the world. If somebody manages their lives the way they want, to the extent they want, these people who have made their lives unmanageable, enslaved and entangled to the situations around them, become jealous.

They will always complain. They will say these people are running away from the world. Right now, the way the world is going, if a lot of people continue doing too many things on this planet, this planet will not even last another 10 years. Probably only one in one thousand is spiritual. We want to make at

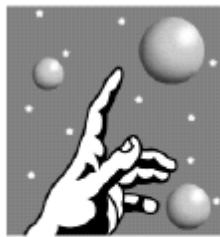
least 50% of them spiritual in order to save the world.

People who are withdrawing from excessive activity are not causing any damage either to themselves, to the society, to the world, to the environment or to the planet. It is only people doing activity in absolute unawareness,

not knowing what they are doing, simply imitating somebody, who are causing tremendous damage to this planet.

They are the people who are really threatening life on this planet. They are the people who are taking the whole of humanity toward global suicide. So right now, the most responsible thing you can do in the world is to withdraw from activity. Withdrawing from activity is not so simple. It takes tremendous maturity to simply sit quietly. It doesn't happen because you are lazy or irresponsible, it happens because you are aware and conscious.

■ SADHGURU JAGGI VASUDEV



**SPIRITUAL QUOTIENT**