

Create A Vision for Life, Get What You Want

Discourse: Sadhguru

If you feel the human part of the world around you, your experience will be a cacophony of voices, thoughts and emotions, all an outpouring of confusions of many different levels and states. When we are subjugated by a wrong perception of reality around us, the pain and suffering that we create for ourselves, the people around us and for all other life forms is unfortunate.

With all the conveniences and facilities we have because of science and technology, the individual and humanity as a whole have still remained in absolute confusion. If you are sensitive to the thoughts and emotions of people around you, you will see they are an absolute mess. There is no clarity, neither will nor vision.

Most people live their lives without even knowing what it is that they really want for themselves. Or, even if they know what they want in their lives, they neither have the will nor the vision to create it. Most of the time, they are just settling for whatever is easy, whatever is within their reach.

If we go by the experience of our pastor if we trust our logical mind to decide what is possible and what is not, what is and is not attainable, then we will always go for mediocre things.

We are always trying to create our life based on the current reality around us. But whatever maybe the situation we are in at this moment is not the point. Where we want to go to tomorrow need not be connected to where we are right now.

What we want as the highest in life need not have anything to do with our present situation. If we enslave our visions to current situations, then we are once again settling for what is

attainable, what is easy, what we think is possible. But what we think is possible or not possible is not the point. We need to see what our vision is, what the highest is we can seek in our life. If you have a clear vision for yourself and the world around you, it is not beyond your capacity to create it. It may happen in this lifetime or the next or even later, but what you want will definitely come.

Whatever you know as the highest, just seek that out. It does not matter whether it is going to happen or not going to happen. Living with the vision itself is very elevating, very liberating, is a joyous process for any person. Whether it is going to happen tomorrow or after 100 years is not the point.

You have a vision and you are not concerned about whether it is possible or not possible. You are not concerned whether it is easy or difficult, whether it is attainable or not attainable; you are not concerned about the end result. You just have a vision and you give your life towards it. This is one of the easiest ways to attain the highest – to simply give yourself to what you want, not caring whether it is going to happen or not going to happen. This is a spiritual process by itself.

It is time to create a strong vision within ourselves as to what it is that we really care for, not just for today. If you look deep enough, your vision will be the universal vision. Seeking whatever you know as the highest with undivided attention is a way of knowing life here and beyond.

Inner Engineering programme in Thane. Free Intro at 6.30 p.m. on May 13. Contact: 9323034799, 9820356907. Programme in Chembur, May 27. Contact: 9833909235. E-mail: mumbai@ishafoundation.org



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