By Sadhguru

Through the biological process of birth you are just delivered, no different from any other newly born animal. It is you who can turn yourself into a full-blown human being. When the necessary awareness arises, you kill the animal and allow the divine to flower. You have a divine possibility. This is something that one has to do. And if one succeeds that is when birth becomes really significant. The divine possibility exists in every moment of our life.

A possibility that is not seized and made use of is equal to a tragedy. If there is no possibility, that is a different scenario. But surely we are not expecting a rock to flower or a donkey to get enlightened, but we are expecting a flowering plant to flower and a human being to blossom. If this possibility is kept dormant, it is very tragic.

What does it mean to walk the path of the divine? Those people who are truly striving to go beyond their compulsive nature and move into a more conscious process of life are on the path to the divine. The very effort they put into it is sacred. Will they all rise beyond their limitations? Even if they do it, will it be done today, tomorrow, or in ten years? That's not the point. That someone is striving to go beyond his compulsions, someone is striving to go beyond his compulsive nature and become a conscious being is what is significant. The very striving generates a tremendous amount of possibilities for everybody around.

In ancient times some wise men determined that thirty per cent of the world's population walk the ascetic path. We are nowhere near it. Many yogis of the past tried to revive it in a big way; Agasthya was one great yogi who led hundreds and thousands of yogis on the ascetic path. We are still eating the fruits of his effort.

Today Isha Foundation's is trying to do just the same, wishing and hoping that the future generations don't go about eating, sleeping, and reproducing; that they do something else with themselves.

A Spiritual process is to burn the very roots of the animal in you and create a situation for the flowering of the Divine. The fruit of that seed, the fruit of that effort, one may not be able to see immediately. A simple weed outside will flower within three days; but if you want the coconut tree to produce fruit it takes about six to eight years. So if you want to really produce something worthwhile it takes time. But if the seed is right, and the way we nurture it is right, then the fruit is bound to be produced, there is no doubt about it.

The only thing that sets us apart from animals is they function compulsively, we can function consciously. If a human being can take away all of his or her compulsiveness and turn every aspect of his or her life into a conscious process, one will live an absolutely blessed life and such a person need not worry about his ultimate liberation. It is his right; it is not a gift from God, nobody can deny it to him. He will be liberated!

Next Inner Engineering program in Goa starts from January 7 at the Lingayat Hall, Near adarsh school Margao. Free Introductory talk at 6:00pm www.goa.ishafoundation.org