

Bliss

Fulfillment

By Sadguru Jaggi Vasudev

Fulfillment is not attained through some action. In every stage of your life you have thought, "If this happens, my life will become complete." When you were a child you thought, "If I get this toy, my life will be complete." You got the toy, but three days later you took it and threw it into the dustbin. Life did not attain fulfillment. When you were in school you thought that if you passed your examination, life would be complete. That happened, and still nothing happened. Then you thought that when you completed your education, your life would be complete. That happened too. Then you thought, what is the use of all this education if you are not able to stand on your own feet? That happened. After three months you began to think, what is the use of working like a donkey? If you get married to that man/woman who is in your heart, your life would be complete. That happened and then you know what happened!

All of these have not helped your life attain fulfillment. Fulfillment will not come because of some action that you perform. Only if your inner nature is

complete will your life attain fulfillment. If your inner nature is unbounded, your life is also unbounded. Now, you can either sit with your eyes closed or you can perform different actions, either way your life is complete. When man has reached a state where, within himself, he does not feel the need to perform any actions and the actions he performs are only to the extent required for the external situations, then that man has become complete.

Please see, why have you been performing one action after another? It is towards achieving fulfillment, isn't it? When you ask people who carry out excess actions why they are doing all that they are doing, they answer, "What to do? Wife, kids - who will take care of them?"

The truth is, even if you fulfill all his needs, this person cannot sit quietly for even a day. Why, he cannot even sit for three hours! He has to do something. This is because his inner nature has not attained fulfillment and he is trying to do so through actions. Your actions are not for your food or comforts; they are a search for fulfillment. Whether this happens knowingly or unknowingly the actions indicate the search for unboundedness.

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