

Bliss

# Destiny

By Sadguru Jaggi Vasudev

**D**o you know who is driving your car? It is always you. But if it crashes you would like to believe it is because of someone here or beyond. Destiny is something that you have been creating unconsciously. You can also create it consciously. You can rewrite your destiny. All that we do in the form of spiritual process is just that. You decide where you want to go. It is in your hands.

If you can touch that core in you, if you can for one moment, experience the source of creation that is within you and shift your whole focus to yourself, you can rewrite your own destiny. Your focus is always scattered, because what you consider as 'myself' is your house, your car, your wife, your child, your pet, your education, your position, your power and your other identities. If I strip you of all these things, including your body and mind, which are just accumulations, you will feel like a nobody, yes or no? So what you call 'myself' is spread around you right now.

When I say 'you', it is just you, not this carpet, not this wall, not your child, not something else. If it shifts to this, you can rewrite your destiny whichever way you want. Right now, what is 'you' is spread out; you are a scattered being. You're not an established being. You still have to gather all this mess and put it aside.

Then it becomes you. You still have not become you; you are a crowd, aren't you? The crowd's destiny is always predestined. Once you become an individual - individual comes from 'indivisible' - it cannot be divided anymore. Once you become a true individual, your destiny is yours. I want you to understand this. This is why people in the spiritual process who are in a hurry for spiritual growth are not getting into marriage, children and relationships, because the moment you have a wife or a husband, 'me' gets identified with the other, and you cannot help it. Otherwise, they will not let you live, isn't it? Once you get identified with things that you are not, when that which you accumulated becomes you, in your experience, you get scattered.

That is how deep the bondage with the body is. It is the source of all attachments. You don't have to go on searching for non-attachment somewhere else. You don't have to go about distancing this and that in your life, but once you get scattered, your destiny becomes predestined. Whichever way your karma goes, your destiny just goes that way. If you become an individual, the significance of sanyasin or bhramhacharya is just this: shifting your whole focus to yourself. When I say 'you', it is just 'you', not even your body or your mind. If you are unable to be like that, you just choose one more identity. When you say 'you', make it

'you and your Guru'. You attach yourself to the Guru without any hesitation, because you have no entanglements from the other side. You can get as entangled as you want with him; he is not going to get entangled. The moment you are ripe, you can drop it. With other relationships, it is never so. If you get entangled, even if you want to become free, the other will not let you go. Either you can rewrite your own destiny or, if such awareness does not come, we can very easily rewrite destiny if you can just give yourself to me. So don't worry about the predestined thing. You just create a longing to grow, to dissolve, and to know. What has to happen will happen. Why are you worried about all those things?

Once you become an individual, your destiny becomes yours. If your destiny is in your hands, will you choose bondage or freedom? What would you choose? Freedom, because the very longing of life, the deepest longing of every life is to become free, to become free from the very process that we refer to as life or death, to become free from that itself.

So once your destiny happens in awareness, the next step will just happen by itself, because life within you has the intelligence to choose freedom not bondage. Only because your destiny is being created in unawareness do you go about weaving bondages around yourself.