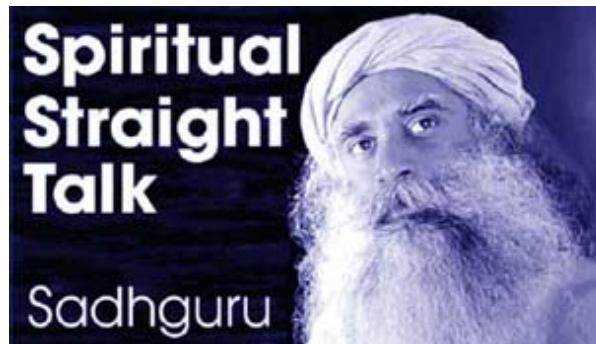


Article

Spiritual Straight Talk



Q. I want to live a successful life, to be peaceful and help create a peaceful world. Is it enough for me to just be a good person?

Sadhguru: In your life, if your inner nature is peaceful, loving and joyous, it is enough. You need not attempt to be good.

First of all, on what basis have you concluded that you are a good person? Only when you see that the ten people around you are not okay for some reason or the other, or in comparison with them, you can conclude that you are a better person. Isn't it so?

You don't have to come to the conclusion that you are a good person. You will just have to see if you have lived a peaceful, loving and joyous life. Truly. The "so-called" good people cannot even laugh. That is how they have become. You know why? Because they are very good people! What to do with this kind of goodness?

And being a good bhakta (spiritual person) has got nothing to do with you succeeding in elevating your status in society. Now you want God himself to come and run your business to boost it! In return, you give your devotion. Stop the barter.

When any being calls, really calls, existence answers. If you really reach out, God always answers. It is so. It is just that nobody really reaches out. People are all accountants. They are always thinking in terms of balance sheets. Loss, profit, how much to give, how much to keep. Their calls do not go anywhere. With logical minds when you shout God's name, you can do what you want but God is deaf to logic, please know this. He has no ears for logic. When love calls, immediately it is answered.

So, it is time to look inward and see how to create human well being. From your own experience of life you can clearly see that true well being will come to you only if your interiority changes. The quality of your life is not being decided by the clothes you wear or the educational qualifications that you carry or what family backgrounds you come from or what bank balances you hold. This moment the quality of your life is simply decided by how peaceful and joyous you are right now within yourself.

True well being will come to you only if your interiority changes. Yoga and meditation is that dimension of science that handles your interiority, where the focus is in creating the right kind of interior so that you can live a joyous and peaceful life. So the fundamental thing is, if mankind is your business, you make yourself your first business. Only then you will see you can do something of lasting value for

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