ADI YOGI SHANKARA

STAFF REPORTER

Coimbatore, July 12: On Guru Purnima, Sadhguru Jaggi Vasudev unveiled the statue of Adi Yogi at the Isha Yoga Centre in Coimbatore on Saturday. The statue is over 21 feet tall and weighs 30 tonnes. It took more than two months for the 15-member fabrication team at the ashram to sculpt the statue of Adi Yogi. “When we say ‘Shiva,’ we are referring to the Adi Yogi or the first yogi, and also the Adi Guru, the first guru, who is the basis of yoga,” says Sadhguru Jaggi Vasudev. After unveiling the statue, a puja was performed. A 15,000-strong crowd of disciples then enjoyed the ‘Sounds of Isha’ concert, a Linga Bhairavi procession, and a maha aarti.

Sadhguru Jaggi Vasudev says the first full moon of Dakshinayana is Guru Purnima, when Shiva, the Adi Yogi, actually started teaching; it was then that the first guru was born. Guru Purnima marks one of the greatest moments in the life of humanity. There are five dimensions in which a human being can be trapped or liberated.

The Adi Yogi is always represented by the number five — panchamakaras and panchaksharas — everything comes from these. The physical aspect of existence is possible only when there is certain geometrical precision. The planets manage to stay as a system not because of some other force, but because of geometrical precision.

Everything that is geometrically correct finds mathematical expression. This includes physical laws. The next dimension is that of biochemistries, which too must be in sync. If your chemistry is not in sync, something will go wrong. Modern medicine has explored this in so many different ways and tried to manipulate this by adding or taking away chemicals from the system. But this biochemical symmetry is most important not just for the physical body, but also for the earth, the sky, the universe, for everything…. The next is energy coherence. If energetically something is not coherent, once again there is dissymmetry and things will fall apart.

Equally important is quantum symmetry or quantum coherence. In yogic terminology, we call it vijnana, that is vishesh jnana — jnana means knowledge and vishesh jnana means extraordinary knowledge. Something is referred to as extraordinary knowledge when you are not capable of perceiving it through your five physical senses. The fifth dimension is of consciousness. If your consciousness is in sync with the cosmos, you become one with everything. Adi Yogi expressed this in its entirety 15,000 years ago.

“We want to take this image of Adi Yogi to the world. So we are taking a statue of the Adi Guru to the US to be established in our Isha Institute in Tennessee. I thought a 21-feet tall Adi Yogi is good enough for the Americans. We are thinking of a much larger image for India — so we are going to build a 112-feet tall Adi Yogi face for our country,” said the guru. The plan is to install 112-feet tall Adi Yogis in all four corners of the country.