

# Living In Consecrated Spaces

Discourse: Sadhguru

Every human being deserves to live in a consecrated space. Consecration is a live process. It is like this: if you transform mud into food, we call this agriculture. If you make food into flesh and bone, we call this digestion, integration. If you make flesh into mud, we call this cremation. If you can make this flesh or even a stone or an empty space into a divine possibility, that is called consecration.

Today, science is telling you that everything is the same energy manifesting itself in a million different ways. If that is so, what you call the Divine, what you call a stone, what you call a man or a woman, what you call a demon, are all the same energy functioning in different ways.

For example, the same electricity becomes light, sound and so many other things, depending upon the technology. So it is just a question of technology; if you have the necessary technology, you can make the simple space around you into a Divine exuberance; you can just take a piece of rock and make it into a god or goddess; this is the phenomenon of consecration.

An enormous amount of knowledge about this dimension of life was created particularly in this culture, and this was held as the most important thing. Because it does not matter what you are eating, how you are or how long you live; at some point, a need will come that you want to get in touch with the source of Creation.

If that possibility is not created across the planet and is not available to every human being who seeks, then society has failed to provide true well-being for a human being. It is with this awareness that in our culture,

every street had three temples; because even a few metres should not pass without there being a consecrated space. The idea was not to create one temple versus the other; the idea was that nobody should walk in a space which is not consecrated; nobody should live in a space which is not consecrated. The temple was always built first, and then houses were built.

The whole state of Tamil Nadu is built like this. Agastya muni was sent to south India by Shiva – the Aadi Yogi, or the first yogi. He consecrated every human habitation south of the Deccan Plateau in some form and made sure that a live spiritual process was on. He did not spare a single human habitation. They say it took him 4,000 years of work. We do not know whether it is 4,000 or 400 or 140 – but looking at the phenomenal amount of work and the amount of travel that he did, he obviously lived an extraordinary lifespan.

Every significant town in Tamil Nadu had a grand temple and around that, a little town. Because the kind of dwelling you live in is not important. Whether your house is 10,000 square feet or just 1,000 square feet is not going to make an ultimate difference in your life, but being around a consecrated space is going to make a phenomenal difference in your life.

With this understanding, they built human habitations like this: if there are 25 houses, there must be one temple. Whether you go there or not, whether you pray or not, whether you know the mantra or not, is not the point. You must be in a consecrated space every moment of your life. Follow Sadhguru at [speakingtree.in](http://speakingtree.in). Ask your vendor for *The Speaking Tree* on Sunday @ ₹3, tomorrow's special. 'Overwhelmed by Ma Ganga'.



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