

SPIRITOLOGY Sadhguru, Isha Foundation



Vedas: A Blueprint to Existence



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Most of the *Rig Veda*, *Sama Veda* and *Atharva Veda* is about the relationship between the various forms of existence and sound—converting the existence into a sound form so that you can let the existence reverberate within yourself by uttering certain sounds. By having mastery over the sound, you also have mastery over the form. This is the science of mantras which has unfortunately fallen into very bad misuse and misinterpretation.

These sciences are subjective sciences; they cannot be studied by going to a college. It is because of this subjective quality that all kinds of misinterpretation and misuse has entered into this to such a point of ridiculousness that now the whole thing is being wiped out as some kind of mumbo-jumbo. It needs a very deep sense of involvement and dedication. You have to wear your life out for it, otherwise it does not yield to you. It does not yield to you because you want to get a qualification or because you are seeking it as a profession. You have to give yourself to it. Only then it yields to you.

The Vedic systems have always focused on raising human perception, not on raising human knowledge. Today, our education is totally focused on information, not on perception. All the study, and trying to accumulate information will become meaningless as technology progresses. So what is most crucial for effective and sensible functioning of a human being on this planet is that he has to enhance his perception. His ability to perceive should go beyond his present limitations; only then he will function in a totally different way.

Yoga has innumerable devices through which a person can go beyond his five senses, so that his perception raises beyond the physical. Only when perception raises beyond the physical, a true spiritual process begins. Spirituality will not happen because you read about it or because you accumulated knowledge about it. All the spirituality that you have gathered, if it is just memory recorded in your head, it is really of no consequence, because spirituality is an inner process.

The *Vedas* are among the most ancient scriptures on this planet and yet the most comprehensive in content. They are not books and the content is not something that someone invented; it is not a moral code that somebody made up. *Vedas* are a series of discoveries both of the outward and the inward. It was the knowledge book of the past. It deals with various aspects such as how to eat, how to build a bullock cart, how to build an airplane, how to deal with your neighbour, how to deal with the beings of the beyond and how to attain your ultimate nature. So *Vedas* are not really books to be read, they are like a blueprint to existence in many dimensions.

Various aspects of the *Vedas* are just converting 'form' into 'sound'. If you feed any sound into an oscilloscope—a sound measuring instrument—depending on the sound's vibration, frequency and amplitude, the oscilloscope will give out a certain form. Today, it is an established fact that every sound has a form attached to it. Similarly, every form has a sound attached to it. The relationship between this form and this sound is what we refer to as the *mantra*. The form is called a *yantra* and the sound is referred to as a *mantra*. The technology of using this together is called *tantra*.

Sadhguru is a yogi, mystic, a bestselling author and poet. He was conferred the Padma Vibhushan in 2017.

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