Guru is a Path to the Divine

Today, modern science is proving that everything you know as existence is all just one energy manifesting itself in millions of ways. Or in other words, if everything is one energy the difference between a rock and what you call human is just a question of subtle levels of energy. Though it is the same, it is in different levels of subtleness. When it is very gross we call it a rock, when it is in its utmost subtleness, we call it a thought.

To know and experience the Divine means evolving our energies to higher possibilities, evolving our energies to subtler dimensions within ourselves. If your energies are Maladuktha, the best use of them in your life will be food and sleep. If your energies move into Srotadhana, then you are a pleasure seeker; you want to enjoy the world in so many ways. If your energies move into Manipura, you are a doer in the world, you are always doing something. If your energies move into Anahatha, you become a very creative person. If your energies move into Vishuddhi, you become a very powerful being. If your energies move into Ajna, then you are intellectually fully enlightened. You have attained peace. When your energies move to Sahasrara, you will burst into ecstasy; unexplainable bliss.

From Muladhara to Ajna, there are many ways, but from Ajna to Sahasrara, there is no particular way; it is just a jump. It is because of this, that so much stress has been laid on the guru-disciple relationship. The master-disciple relationship has been the most sacred relationship in this culture because of this jump. If you have to take this jump you need deep trust in the guru.

A guru can also be like your bus driver. You sit here and doze and he will take you to your destination; but to sit in the bus joyfully, you need to trust the bus driver. If every moment, with every curve in this road, you think, Will this man kill me? Will this man go off the road? What intention does he have for my life? then you will only go mad sitting there. We are talking about trust, but not a guru needs your trust, it is just that if there is uncertainty you drive yourself mad.

This is not just for sitting on a bus or going on a spiritual journey. To live on this planet, you need trust. Right now, you trust unconsciously. Let us say you are sitting in a bus, which is just a bundle of nuts and bolts and pieces of metal. Unknowingly, you trust this vehicle so much. You have placed your life in the hands of this mechanical mess, which is just a bundle of nuts and bolts and wires. But you trust the bus unconsciously. The same trust, if it arises consciously, would do miracles to you. When we say trust, we are not talking about anything new to life. To be here, to take every breath in and out, you need trust. Your trust is unconscious. A little conscious ness needs to be brought into your trust. It is not something new. Life is trust, otherwise nobody can exist here.

So if you can draw your own map, if you can drive your own bus, that is wonderful. But on an uncharted path, if you go without a map, it may take lifetimes to find a certain place. It may take lifetimes to cross. If you go with a map you will cross easily. If you go with a good bus driver you will cross very easily; that is the difference.

The writer is a world renowned spiritual leader.