Be realistic as to who the hell you are in this Creation

Become an empty page

Every creature here, however small or big, is continually in a relationship with the rest of creation and also with the source of creation. If there already is an inevitable relationship, what is there to do? Just change the quality of the relationship. You can sit here cursing this planet or you can sit here blessing this planet because it is giving you a piece of space to sit down upon. It is a big difference in the way you hold the relationship.

It is about changing the relationship. If the relationship is just physical, you will know certain things. If it is mental, you will know certain other things. If it is emotional, you will know different kinds of things. But you will still not know what it is. The whole spiritual process is about moving your relationship with the existence from that which is physical, mental, and emotional – which will leave marks and never allow you to have an empty page – into an ethereal state, where your relationship is far deeper and much more profound, but subtle in such a way that you can play any kind of cinema on it. The moment it is off, it is off; not a trace left.

How do you change your relationship with the existence and with the creator? You need to understand, this is not a relationship of choice. Whichever way, you have to hold a relationship; you cannot help it. Can you sit here not connected with any aspect of creation or creator? You may be unaware of it, but there is no way – unless you transcend everything that is physical absolutely. So, you don’t have to try to hold a relationship. Fifty percent of the problem is solved! The other half is very simple – you do not make too much of yourself.

You just constantly see how small a creature you are in this existence. Look at the mountain and see how small you are, look at the sky and see how small you are. Look at the distance into the sky and see how poor your vision is. Like this, put yourself into the right place. I am not saying depreciate yourself, I am saying be realistic as to who the hell you are in this Creation. You do not have to appreciate or depreciate; you do not have to lie to yourself. Simply see what is your place in the existence and constantly keep reminding yourself, “This is all I am, a speck of nothing in nothing.” Who, the hell you are, what you think of yourself, your greatness – these do not mean anything. Even if you disappear tomorrow morning, the whole world will be fine. This is so for you, this is so for me, this is so for everyone.

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