

THE KAILASH OF THE SOUTH



Sadhguru Jaggi Vasudev is an international spiritual master, author and authority on yoga, with profound spiritual and cultural insights on health and human values.

True understanding of the inner mechanism of what we call as human and true understanding of the cosmic splendence has essentially come from the spine of knowledge which was poured out of Shiva's knowing. The influence of this one being on the world is very meagrely acknowledged; much of it has never been acknowledged. Who He has been, what He has contributed to the human race, definitely has not found enough acknowledgement. In many ways, He has been the fundamental nourishment for every spiritual movement on this planet. It is my dream that some day, He will be acknowledged fully. It has been the want of those who have known Him from within. In many stealthy ways, I have managed to take Shiva into places where doors were never open for Him; to many places where otherwise just an utterance like that definitely would have meant you were shown the door.

There is a story on how the Velliangiri Mountains became known as the 'Kailash of the South.' Kanyakumari, a maiden from the southernmost tip of India aspired for Shiva and decided that she will not wed anyone else but Him. People said, "This is foolish. He is somewhere in the Himalayas; He doesn't belong to this world and how are you going to marry Him?" But she would not give up. Her unrelenting devotion

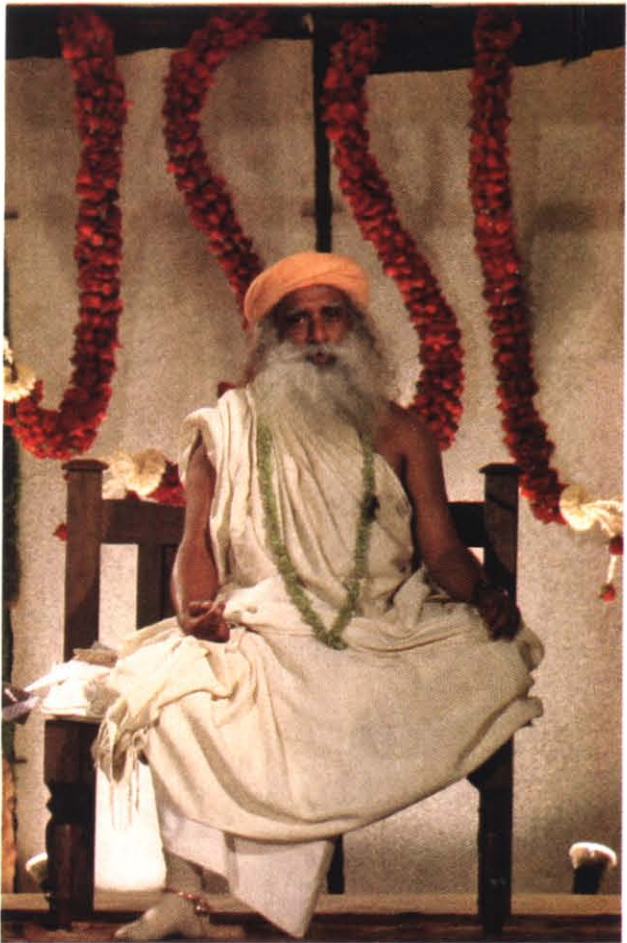
drew Him and He decided to make a journey down South, just for this one girl. People tried to disrupt this in many ways but He was determined. His love and compassion overtook Him in such a way that He kept coming down South. He had to be there on a particular day because she said, "If He does not come by this time, I will leave my body."

He tried to rush but all the Gods conspired to play a trick and created a situation which made Him a little confused about the timing and He arrived late. So she left her body as a maiden and that is how the southernmost tip of India has a shrine which is known as Kanyakumari, which means 'maiden shrine.' She remained a maiden forever. This has been His nature — at one time, He is an unshakable ascetic; another moment, He is a most tender lover; another time He is a drunkard, another time He is in the peak of meditation. One time in intoxication, the next moment in absolute awareness. Qualities of such exuberance that He could be just about anything. He is the Sadashiva, absolutely placid, peaceful but at the same time He is angry like a volcano. All in one in such a way that He does not fit into any definition or description.

So when He came down South and saw that He could not reach out in time for her devotion and love, He became a

little disappointed. Not because He could not marry her; He became a little disappointed with Himself that he did not act in time. So He came and graced Velliangiri Malai and that is how it came to be known as 'Kailash of the South.' The southern Kailash was a brief abode of Shiva. He just came to rest and sort of nurse His disappointment, to recoup Himself and journey back. Wherever He chose to live, that would be referred to as Kailash because His original abode is referred to as Kailash. Wherever He rested His knowledge, that place is known as Kailash. Wherever He stood for a while, whatever He chose as abode, even a temporary abode got referred to as Kailash. So it is our fortune that today we are in the grace of this mountain. If you have still not known the grace of this mountain, at least you are under its shadow, which is good enough. If you have not felt its grace, at least enjoy the beauty and the shadow of the mountain. Fortunately, because it has been declared as reserve forest, there is not much possibility of destroying the beauty and the nature of this mountain. And we have planted ourselves at the foothills; without saying much about it, we have done quite a bit to ensure that the sanctity of the mountain is not taken away by vested interests.

These mountains, the Kailash of the South, will find their full expression and reverberation if only we create a conducive atmosphere for it. These sources of energy are created in such a way that they will not glow to their full



capacity until they find a suitable, conducive atmosphere all around. It is for this reason that the Blessed One implanted this into me and it is for this reason that Agastya, father of Southern mysticism, spent so much time in these regions of the country. They were trying to create a conducive atmosphere all around so that these energies which have been invested here for such a long time will find their full expression, full growth, full glow... It is said that Nostradamus predicted that the true saving grace for the planet will come from the southern tip of a peninsula where three seas meet.

We know for sure that Yogi Sunira worked all his life to create a perfect being. Right through the history of humanity many, many people have tried to revive his dream; the most recent one being the effort of the Theosophical Society. Towards the end of his life, when this dream of creating a perfect being remained unfulfilled, Yogi Sunira made a prophecy that this being will ultimately rise not in the white peaks of the Himalayas, but in the green mountains of the South.

These sacred mountains not only sheltered that Great Being who unveiled the human mechanism with unparalleled clarity and dimension, it also housed many great yogis, siddhas and seers. Above all, the Divine Guru, the source of my knowing and liberation chose to shed his mortal coil on this mountain to ensure that we never ever forget the significance and miss the sacred knowledge that is enshrined in these peaks. To create a conducive atmosphere for these peaks to reverberate in their full glory so every living creature may be soaked in its powerful grace, it is necessary to sensitise the southern plateau. It is my desire that no human being in this region should go without being enshrined by these sacred reverberations.

I know for sure that if we allow these energies to truly glow, if we can create such an atmosphere that the aware and the ignorant both can feel the presence of these energies, there will be no stopping for a true rise of human consciousness. Without the necessary energy source, having such desires or ambitions to raise human consciousness will be just a wasteful effort and it will only lead to one more cult or one more religion which will become more destructive than the others. We have seen this in the history of humanity. Just the desire will not make it happen; the necessary *shakthi moola* or energy source is very essential. We are sitting very close to that one and we have manifested another one which is of enormous proportions. If we can manifest this reverberation in the larger population and spaces around us, these energies could really start glowing. These mountains will not be seen as mountains sometime in future. How soon or how later depends on what we do and what we do not do.

Source: Isha Foundation