



Sadhguru

Spirituality: Not a moral code

If your spirituality is time-bound, from five to seven in the morning or whatever, you are just trying to be spiritual. There is nothing spiritual about you. If you have reached the conclusion that being spiritual means speaking kindly to everybody, you are mistaken. If someone is communicating with different aspects of life in different ways, out of their understanding, out of their sensitivity, out of their own experience — they know how to communicate with a baby, a buffalo, a mountain, they know how to speak to the bus driver — they know it out of this awareness, then it is wonderful and fine. That is how life should be.

If someone, out of their so-called spirituality, is trying to speak with whatever they believe is kindness or goodness, to every aspect of life, they are just moralistic and stupid. Maybe they are good people, but they have no sense of life. There is no inner experience. It is just coming from their goodness and morality. They may make good citizens, but they will not know anything of the beyond. If someone has a pattern of addressing something kindly and another aspect of life rudely, then you know it is coming from ignorance. It has nothing to do with spirituality.

Spirituality is not a moral code. Spirituality means you are beginning to experience that which is beyond the physical. It has got nothing to do with the way you communicate and handle the world around you. The way you do that is just a question of your capability, your intelligence, your exposure, your inclination, and what kind of objectives you have in your life. How you communicate with the world is in no way an indication of your spiritual process.

There was a yogi sitting in the forest, absolutely blissful, but if people came anywhere near him, he threw stones at them. He never hit anybody, but he madly threw stones at them. As far as people were concerned, he was a madman throwing stones. It was only much later, when people looked back, they were able to see that not once did he hit anybody. He threw stones, always making sure that they did not hit anybody. He just did not want people around him. He knew that if people came, they would ask for things, and because of the way he was — his energy was in a certain state — naturally things would happen, miracles would happen. Then people would gather and mess up his whole life. So, if people came anywhere near him, he would throw stones at them.

If you go by one's behaviour, about what he's doing or what he's saying, then you will definitely come to a wrong conclusion, a wrong judgment. How you operate is just a question of your inclination, your intelligence and your exposure, and things like that. It has got nothing to do with your spirituality.

