Attraction is a certain way to avoid love. Because people do not know the distinction between involvement and entanglement, they are talking about detachment. If you know how to be absolutely involved with love and not be entangled, you would not be talking about detachment. For the first four chapters of this book, Detachment has started this whole philosophy of detachment.

Entanglement has come not because there is something wrong with love. Entanglement has come because we are not handling life improperly. If there was no involvement with life, you would not know life. So if you are talking about detachment, you are talking about avoiding life. The best way to avoid life is to fall dead. Why do you want to exist here and avoid life?

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There are too many people on the planet who are not fully alive. Partially alive people are a curse against life. You have come here to live, to experience life. Your life should happen in the most exa-        perient way possible, but the fear of entan-        glement is making you weave all these kinds of philosophies. Life is involved with love. Involvement is absolute and total with everything.    

Being spiritual really means your interior life has gone so deep that you want to know everything about life. Your in-        volvement is so deep that you want to know not just the physical dimension of life, you want to know all of life. If you are a person who is trying to avoid life, there is no chance to be spiritual because spirituality needs absolute, total involvement with everything. Otherwise there is no possibility.

It is not the life process which is entan-        gling you, it is the ignorance with which you are handling life that entangles you. You get identified with things that you are not responsible for. You have gotten identified with a million things that you are not, starting from your phys-         ical existence, your money, your position, your ideas, your emotions, your clothes, your furniture, your car, your all your belongings. Once you get identified, your whole life gets distorted. If you do not have a proper perception of what you are and what you are not, you get entangled. So if entanglement should not happen, you must maintain awareness as to what you are and what you are not. If this distinction is constantly kept, there is no question of entanglement.