Fulfillment is not attained by some action. Every inaction is also a form of action. If you think, "If this happens, my life will become complete," you may have come up within yourself. When you think,"I wish I got that," you have thought that if you passed your examination, your life will be complete. That happened, you achieved your goal. Then you thought that if you complete your education, your life will be complete. That happened. Now you think, "If I could use all of this education if you educate me, if I am not afraid of my own two feet? That happens. Now you think, "If I could only use your youth, you began to think, what is the use of being a doctor? If you get married, then you are in your heart, you are in your life. Then I will get a job. That happened and then you know what happened!

Sadhguru Jaggi Vasudev

Fulfillment will not come because you know how to do more effectively, even that you perform. Only if your inner relationship with the world is complete, your life will attain fulfillment.

Whatever action you may have to perform, you perform. Fulfillment will not come because you perform. Only if your inner relationship with the world is complete, your life will attain fulfillment. Your relationship with the world is unbridled, your life is also unbridled. You cannot even sit with your eyes closed or you cannot perform different actions, either you perform a job or you perform another. When man has reached a state where whether he wants to perform any action or the action is not necessary to the entire required fulfillment, then that man has become complete.

People who perform actions ask, "Why do you ask them why they are doing all this work?" They ask, "What to do? Food, work, life, family, children, do they take care of them?" The truth is, you are not necessary to do it. This person, this person cannot sit and eat. But he needs to sit and eat. When you need to sit and eat, nature has not attained fulfilment. In that situation, it is not necessary to do so through actions. Fulfillment is necessary for food and for the condition to be in search of fulfillment. People who are dealing with or without awareness, their body is always in search of fulfillment, but the search for unboundlessness.

That does not mean that the person has attained fulfillment. As nature has attained fulfillment, and external situation. Demand he not to do it. If it is not needed, you can even sit and rest. When a person has reached that state, he need not perform any action, he has become unbridled. When a person has reached that state, he need not do any work at all. If the external situation demands it, he can work for a time, but after a certain amount of action is needed for this interim order. This is not wanted, even without awareness.