A good planet, a good life

BY SADGURU

Human beings have never been as capable as we are today. Right now, we have the necessary technology, the necessary resource and the capability to address just about every issue on the planet. The only thing that is missing is inclusive consciousness. Because of which we have to think about protecting things that have always nurtured us.

Never before did anyone have such an insane idea of "protecting the planet." The planet took care of us. Now, we are living in times when we have to talk about protecting the planet. This is because we have spent too long taking things for granted, not realising that just everything, no matter how precious, large, or indestructible it may seem, can be destroyed if necessary care is not taken of it.

The preservation and nurturing of this planet is not different from aspiring for a good life for ourselves, because there is no good life without a good planet. Right now, we are looking at ecological concerns as some kind of an obligation that we have to fulfil. It is not an obligation; it is our life - it is the very breath that we inhale and exhale.

Unless people feel and experience this, I don't believe they are going to truly act in any big way. If people don't take care of the land, they will ruin the entire country. We must always keep ecological concerns a part of our economic development or else we will pay a huge price. This is something policymakers, industry and public should constantly be aware of and strive for.

Raising the consciousness of the whole world may be a long-term project, but if leadership experience and truly feel a deep sense of inclusion, a huge change can be brought about in everything that we do. If the consciousness of a few key people on the planet - the way they think, feel and experience life - can be altered even slightly, and if investment of resources is made in the right direction, I think Mother Earth will heal herself.

If we just provide her with an opportunity, she will turn everything back into absolute abundance and beauty. We don't have to do anything great; we don't have to fix the earth. If we reduce meddling to whatever extent we can, without making ourselves suffer, if we just reduce the damage that we are inflicting, the rest will happen by itself.

Scientific studies say that if all insects are wiped out, all life, including us, will perish within twenty-five years. This includes bacterial life. But if human beings are wiped out, in twenty-five years the earth will be found flourishing.

Spiritual process without concern for life around is not a spiritual process because anyone who looks into himself naturally realises that his existence is not different from that of outside existence. Spirituality essentially means an all-inclusive experience.

When there is an all-inclusive experience, being concerned and caring about everything around you is natural.

We as a generation must not become a disaster in every sense. If we do not do what we cannot do, there is no problem. But if we do not do what we can do, we are a disaster.

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