The four kinds of sounds

BY SADHGURU

There are four kinds of sounds. The first type of sound is called 'vaikari.' This is the physical sound that you hear; for example, when somebody speaks.

The second form of sound is called 'madhyama,' the middle. Suppose I were to say "chocolate" or if I were to show you something that looks like a chocolate, you will think, "Oh, chocolate." It is not just an abstraction or a vibration of thought. It is a voice, a sound, which comes from a dimension of your mind. This is the middle sound, 'madhyamam.'

The third dimension of sound is referred to as 'pashyanti.' This is your mind's ability to think it up, without any input from outside.

The fourth dimension of sound is referred to as 'para vak.' 'Vak' means voice and 'para' means the divine or the source of creation. So 'para vak' means the voice of the Creator. This is not about losing control over your faculties and hearing things that you want to hear. Every scatterbrain in the world has been hearing god speak. I am not talking about that kind of nonsense. I am talking about the reverberation, which is the basis of creation and Creator.

Shiva taught his seven disciples yoga for many months and years. He taught them all kinds of intricate things, but he never spoke. Each disciple received a different type of teaching—seven dimensions of yoga. Shiva simple sat in front of those disciples, totally disinterested. When Parvati asked him, "Seven great sages are sitting there."

Why don't you say something? It will be appropriate," Shiva said, "They hear me."

What he was telling her was: "You do not hear me because of your intimacy with me, so I have to speak to you. They hear me."

He did not mean: "They hear what is happening in my mind." Instead what he was saying was: "They hear the basis of my consciousness. That's all they need to hear and they hear that. The rest is all made up for the sake of transmission."

So, that sound, which is the core of the soundless, utterly still consciousness, is known as 'para vak.' If we try and educate people about the different dimensions of life, creation, existence, perception, experience and expression, it will be an endless endeavour, because it is an endless universe. But, in this one sound, which is 'beginning-less,' it is all there.

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