Bennett University, Greater Noida, is all set to host Sadhguru on February 7 for a session of 'Youth and Truth - Unplug with Sadhguru'. The campaign is a platform for young people to ask questions for which they never found answers, and for embracing the truths of life. In Sadhguru's words, "Truth not through the seriousness of a gospel, but with the playfulness of gossip."

Preparations are on in full swing at Bennett with student volunteers circulating messages and videos of the Youth and Truth Campaign on What-sapp and Instagram.

"It is difficult to convince people to ask questions about something they feel is a taboo. Through the messages and videos, we have been able to get people to ask their questions without hesitation," says Tanvi Mishra, a second-year mass communication student, responsible for communication among students.

For some volunteers, it is also an opportunity to brush up their management skills. "For me, this is not merely an event. I think it is a great opportunity for us to ask questions and absorb the wisdom Sadhguru has to offer. Being part of the organising team, the event has also taught me much about teamwork, planning, timing and creativity, and has disciplined me as an individual," says Prateek Soni, a third-year BTech student and the University Student Council President.

Keeping the mood fun for the students and their curiosity alive, the campus is celebrating this week as Youth and Truth Week. It will have students staging nukkad natak, apart from taking part in yoga and meditation workshops.