Sadhguru, the founder of Isha Foundation, is a notable figure who has influenced many through his teachings on spirituality and self-realization. He is known for his unique approach to meditation and has founded the Isha Yoga Center in the South Indian state of Tamil Nadu. In this article, Sadhguru speaks about the importance of living a democratic society without sacrificing one's freedom.

In a living democracy you should never take a stance.

Sadhguru interview with students in Isha Foundation

If someone is found guilty by the process in this country, the perpetrators should be brought to book, irrespective of whether they are from the majority or minority communities. But if we raise this bogey of fear and intolerance all the time, it will only vitiate the problem.

The Isha Foundation is not a religious institution. It is not a place to worship—be it on a religious or spiritual plane.

The Isha Foundation is an international non-governmental organization (NGO) that focuses on sharing the wisdom of yoga and meditation. It offers programs and retreats that aim to help individuals experience inner peace, freedom, and fulfillment.

In conclusion, Sadhguru emphasizes the importance of living in a democratic society without compromising one's freedom. He calls for a balanced approach, where individuals can enjoy their rights and freedoms in a peaceful and harmonious environment.

Talking Point

Sadhguru on Isha Foundation

Sadhguru, the founder of Isha Foundation, is known for his unique approach to meditation and his teachings on spirituality. In this article, Sadhguru speaks about the importance of living in a democratic society without sacrificing one's freedom.

A fear psychosis has gripped Muslims in the country and even a city like Kochi, Muslim districts are harrowed. The RSS-loathe threat needs to be countered by progressive Muslims. What should you have to say about this culture of impunity that has erupted in the nation?

There are a certain number of Muslims who feels that they have been targeted by the society and the government, and they are becoming fearful. This fear psychosis has been on the rise, and it is a matter of concern. The RSS-loathe threat needs to be countered by progressive Muslims. What should you have to say about this culture of impunity that has erupted in the nation?

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It is not necessary to prove this point by the data of what we have done, but what is at stake is the future of our democracy. If we do not take steps to ensure that our democracy is safe and secure, it will be at risk. We need to take steps to ensure that our democracy is safe and secure.

How do you manage your spirituality with technology?

Technology is a tool for people to tune in and make their own well-being.

This is naturally happening to be a certain law. If you know the nature of this life within you, you can completely change the way of the life if you adopt. If you take charge of your body, you can change the way of the life if you adopt.

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