Question: I choose and un-choose many times. For example, sometimes, I feel I should pursue studies in music. Sometimes, I feel I should pursue academics. How to know which is right for me?

Sadhguru: If you wanted to become a great musician and could not become one, at least you would want to sweep the musician’s house or work in a music store. At least you would be able to wipe a musical instrument clean. That is how it should be. If you are trying to choose between music or academics for social reasons, not your inner reasons – if you are looking at which will make you more successful – there will be no choice there.

If you do not have the awareness to know what you should choose, put your heart and soul into whatever is on hand right now. If you put your everything into sweeping the music store, according to your inner nature you will flower and find what you should do. Simply throw yourself 100% into what you are doing right now without entanglement. People neither eat with involvement, nor breathe, wake up or sleep with involvement. Because of this, they have no sense of what to do. Whatever they do, it seems to be inadequate – it seems to be the wrong thing. Just show involvement into everything that you are. Then life will choose, and it is never wrong.