Transcend All Duality

The whole purpose of yoga is to set up various dimensions in you, which are not you. What I mean by “not you” is: whatever you are identified with is what “you” are right now. But to set up a space within you beyond your limited identifications is yoga. Initially, it starts as a tiny speck. If you start clearing space for it, if you unload your crap, this space starts expanding. A day comes when it occupies everything, and your crap just floats around.

If you want, you can pluck and use it, otherwise you are untouched by it. When you become like that, we say you have become truly meditative, you are in samadhi, an equanimous state where this or that doesn’t touch you.

Without an armory of crap, you cannot live in the world. You won’t know any game. You will become like an avadhuta. These days, everyone is taking on the name: “I am an avadhuta; you are also avadhuta.” That’s not what I’m talking about. An avadhuta is someone who is in a certain state where they become like infants—they don’t know anything. You have to feed them, make them sit down and stand up. They are simply so ecstatic that they do not know how to handle any other aspect of their life.

Such a person has dropped his mind completely—he is totally free of nonsense. It is a very blissful and wonderful state, but then you need someone to take care of you, otherwise you cannot live like that—you have to take care of him like a baby. For small periods of time, it is good for people to go into those states because it is like sweeping the bottommost floor in your karmic structure. It is like the karmic structure which has 110 floors, and in this state, you are sweeping the bottommost floor, which you don’t get to do in other states—it would take enormous awareness for a person to go to that deep and clean himself. But this kind of state can only be scraped from the bottom very easily. He is not doing anything, he does not know anything, but he has no karma, no bondage, so everything is cleaned up for him.

Yoga remains in such states for certain periods of time because it is the quickest way to become free. But at the same time, almost always, anavadhutas cannot leave their body as avadhuta. That is one thing that is set up in the human consciousness. You cannot leave the body in that state. When you have to leave the body, you have to come to your awareness. And in those few moments of being out of this state, you can once again create karma.

This karma is springing from the dualities of life. If you transcend all duality, and there is a clear space within you, dualities just function outside of you. If you want, you can play the game, otherwise you are fine the way you are. Then bullshit is not a part of you, but you got a stock. If you want, you can use it, but it’s not you anymore.

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