Be Absolutely Selfish!

For ages, people have been deceiving themselves saying that they are selfless. When your existence and your perception of the people and the world around you are rooted in yourself, how can you be selfless? Nobody can be selfless. And if you try, you will only pretend to be selfless.

A mother takes care of her child not because of selflessness but because of a deep selfishness, because that is what gives her maximum joy and happiness. Somebody is willing to die for his country not out of selflessness but with a very strong sense of selfishness because that is what is going to fulfill him — that is why he does it.

You must become absolutely selfish. Don’t be stingy and miserly even in your selfishness; be totally and absolutely generous at least with that. Why are you so limited in your selfishness that you want only your family or your country or the world to be well?

Be selfish in such a way that your selfishness includes the whole existence. Use it to the fullest and include the whole existence as a part of yourself; it will liberate you. If you become totally selfish, you are free.

- Sadhguru