Walking Krishna’s path

The Gita, the Bible, the Koran, whatever they wrote are like this – one day a man went to the beach and the early morning breeze on the beach was so fantastic, he became blissful. Whenever you experience something really beautiful, you want to share it with somebody, isn’t it? So this man wanted to share it with somebody he loves in his life. That somebody was sick in a hospital, so this man brought a big, coffin-sized box, trapped this wonderful breeze, sealed it and sent it to the hospital with a note.

The box arrived at the hospital. Let’s say you are the person who is in the hospital. You can do two things. You can very carefully open the box, get into it, seal it and experience wonderful breeze. Or you take this message and when you are fit enough, you walk the path that he walked, reach that place, and experience the wonderful breeze. All the scriptures are just these boxes. Somebody had an immense experience within himself and wanted to share it. They either spoke, wrote or did something. But now people are carrying the book as “holy” on their head and becoming stupider in the name of the book.

If you walk the path that Krishna walked, if you create the possibility that he created within himself, then the Gita is a reality. Till then, don’t believe anything that anybody has said. This does not mean you should disbelieve. This is not saying “Krishna is nonsense.” No. You don’t know. He is talking about things which are not true for you as yet. If this much openness is there in you that “This man is saying so many things, let me see,” then the possibility is there.

So, what does it mean being a Krishna? “Should I romance or start a war?” That is not the point. He did whatever he did in his life because those were the kind of situations he was placed in. The whole Mahabharat is an intense drama with all kinds of extreme situations for people. All kinds of people are there. There are out and out evil people and there are extraordinary human beings. It is a representation of human consciousness from the lowest to the highest. But whenever situations go beyond a certain level of intensity, all of them suffer. The good suffer, the bad suffer. That is Mahabharat. Everybody – bad and good – whatever drama they are put into, they are suffering. But Krishna is the only one who is going through the whole thing without any sense of suffering.

So walking the path of Krishna means just that. Krishna’s path is to go through any kind of drama untouched. If you can go through your drama without any sense of suffering, you are on the path of Krishna.

- Sadhguru