

# Living With Life

By Sadhguru

Is there life after death? Most people don't know how to handle their own lives, so why pursue life after death? What is the point?

Anything that is not in your experience cannot be fully understood or analysed. Everyone should be aware of this fact. People are always seeking to understand life after death. You cannot wholly understand anything that is in a different dimension than the one you are right now.

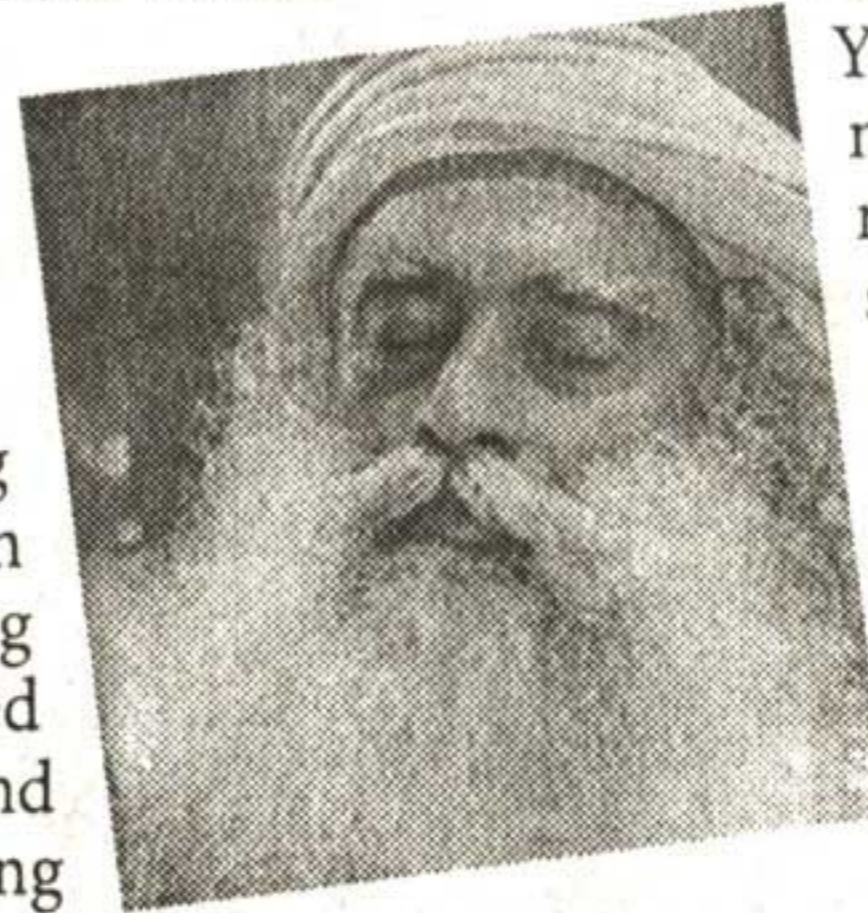
The whole effort is to move to a different dimension. If that needs to happen, you first must stop understanding. You have to make it a point not to understand or create a need for understanding. It is the experience alone that takes you out of this dimension.

Look at a flower and try to understand it. You might be aware of its biological features and processes and after much analysis you will come to some conclusions about its life span, growth and reproduction. You might even pull it apart petal by petal. So in the end do you really know anything about that flower?

People are presently trying to deliver spirituality as an understanding. The understanding of how you are bound is needed that's all! You cannot understand the other dimension. The only thing that you need to understand is how you are bound to your limitations. If you understand this and free yourself from those bondages, where you have to go you will

anyway go.

If I talk about the sky, it's of no real use. Where are the ropes tying you down to the earth? That is all that matters. Your business is with the ropes not the sky. If you untie these ropes, you will rise to the sky. When you get to the sky then you will know what it's all about. Till then all your thoughts, understandings and analyses comes from the limited dimension that you presently are in.



*Free Introductory Talk or Inner Engineering on April 15, 2009 at 6:00 p.m. at Gasper Dias Club, Miramar Panaji, Goa. Contact 9822-100-305, goa.ishafoundation.org*