Being Human

When we use the word human in terms of our language, it’s synonymous with love, compassion, gentleness; but the most inhuman acts on the planet are not committed by some other creatures. They’re always committed by human beings.

So why it seems to be so difficult for a human being just to be a human being? If I ask you to be a tiger, it should be difficult. If I ask you to be an elephant, it should be difficult. If I ask you to be a grasshopper, it should be difficult. Why is it so difficult for a human being just to be a human being...not something else?

If only in this world whatever is beating in the human heart, whatever the core that beats within him, if that quality could be made into every cell of his body and his mind, it wouldn’t be difficult for a human being to be a human being. It’s not natural that a human being should struggle and strive to be a human being. Whichever way he is, he must be human. There should be no difficulty in expressing our own nature.

So the whole effort of Yoga is just that - a human being can just be naturally human. He doesn’t have to struggle to be human. He doesn’t have to work hard to become a human being—the way he breathes is like a human being. The way he exists is like a human being.

If this fundamental nature of what it means to be human finds a natural expression in one’s life, one need not go in search of the divine. The divine will come behind you. Wherever you go, the divine will follow you like your servant. Generally, most people have been taught to look up to the divine, to plead and to beg the divine, to pray to the divine. I think you must keep the divine as your servant, not as your master. You must live in such a way that the divine should be a willing servant in your life. Only then this life is really worth it.

If you live in such a way, if you transform yourself into such a beautiful being, the divine should crawl behind you all the time. ‘Where can he find a man like you?’ That’s how it should be! He must have been waiting for a long time to find one good company!

I want people to live in such a way that the divine will crawl behind them. They will not crawl behind the divine. This is not out of ego. It is just that when the flower blossoms, the flower does not go in search of the bee, though the flower’s existence and flower’s future depends on the bee, the flower does not go to the bee. It exudes such fragrance that the bee has to come. Even though the very existence of the flower is dependent on the bee, still it is the bee that comes to the flower.

If only if you had the fragrance - if you don’t have the fragrance, you have to take the flower to the bee.

Sadhguru is a Realised Master, Yogi and profound Mystic of our times. A visionary, Sadhguru asserts that peace and happiness are not the ultimate goal of life, but the most basic needs in every human being. He developed Isha Yoga as a powerful method for individual transformation leading to human emancipation. A glimpse of his life and work can be found in the books of Encounter the Enlightened and Mystic’s Musings.

For more details www.ishafoundation.org and chennai@ishafoundation.org